

# A litle Her-

ball of the properties of Herbes,  
newly amended & corrected, wyth  
certayn Additions at the ende of  
the boke, declaring what Herbes  
hath influence of certain Sterres  
and constellations, wherby maye  
be chosen the best and most lucky  
tymes and dayes of their mini-  
stration, according to the Moone  
beyng in the signes of heauē  
the which is daily appoi-  
ted in the Almanacke,  
made and gathe-  
red in the yeare  
of our Lorde  
God.

M. D. L.  
the. xii. daye of febru-  
ary, by Anthony Alkha,  
Physicion. C. D.

861992  
**De virtutibus**

Herbarum et primo de Litera. A.

Abrotonum.

**T**HIS Herbe Abrotonum is called Sothere ne woode. The vertue of thys herbe is thus, that if they breake the sede & drynke it with water, it healeth hē that haue ben byttē with any venemous beast. Also this herbe destroieth worms i a mā's wōbe also pouder of this herbe medled with barley meale brynndeth and breketh harde postumes, also thys herbe brent, and the ashes medled with oyle, maketh hair growe soner,  
A.ii.

ner, this herbe is hote and drye in the seconde degre.

### **Absinthium.**

**A** This herbe is called Worme-wood. The vertue of this herbe is good to comforte the hert, and cleareth the stomache. Galen sayth þat this herbe hath two vertues, one is laxatiue, & the other is constipatiue. Therefore Galen sayth that if this herbe be geue to any euell, of the which þe matter is not fully desyed, it shal harde the stomache, & let the degestion. And if the matter be ryped, it shal make a man laxatiue, and easely put away the mater. If this herbe be drak with Spycknarde, it swageth the stomache and wōbe that are infected of wicked wids. Also if this herbe be tēpered with hony, it will ease the swelling in a mannes mouth. Also it doth awaye þe blacke myste in a mans eyes, & cleareth the sight

and

and if thys herbe be powdered with the gal of a Bul, and afterwarde put into a māns eyes, it putteth away all maner impedimēts of the sight.

### **Acus mustela.**

**T**his herbe Acus mustela is called Groundswelle, it is good for playsters.

### **Affodyllus.**

**A** This herbe is called Affodyl. The vertue of this herbe is that þe leues ben good to heale þe dropsy, & the leues of the flowers be good to be drakē to heale venim of wicked beastes, also þe iuce of this herbe and Myrr, and Saffron tempered together in whyte wyne & a litel boyled over the fyre, & strayned through a clothe, is good to heale rōning eyes, also the rote of this herbe bryt to powder, is good to heale sore eares & to restore the again, also take an harde clothe þe

A. iii.

is

is rough & wete it in the ioyce of  
this herbe, & rubbe the Morpew  
therwith sitting against the sone,  
& it shal do away the Morpewe.  
Also þ rote herof infused in ale or  
wine, helpeth to vomite. this herb  
is hote & drye in the second degree.

### ¶ Agnus castus.

¶ This herbe Agnus castus, that  
men do cal Tutelane or other wise  
Parke leaues, hath leaues somdel  
read like vnto the leaues of Orage  
& this herbe hath senowes on his  
leaues as hath Plantayne, and it  
hath yelowc floures, and beareth  
blacke berys, & it groweth in drye  
woodes, þ vertue of this herbe is  
it wil kepe men and womē chaste.  
For as Dioscorides sayeth, this  
herbe is called Agnus castus for þ  
knowlege & þ vse of this herbe ma  
keth mē chaste. And this herbe will  
open the poores of mā and let out  
euell humours, and spirites of hys  
bodye

body, this herbe destroyeth þ moy  
sture of mans seede. Also the same  
auctor sayth that if thys be soden  
with fenel in a sel, it is good to de  
stroy the droply. Also if this herbe  
be soden with smallage, and sage  
in salte water, and afterward the  
hinder parte of a mā's head be wel  
washed, therwith it healeth it &  
vnbryndeth an euell that is called  
Lytarge. Also this herbe destroy  
eth þ foule lust of lechery, and it be  
dronkē, or if it be born about him  
therfore sometime thei do eat it ro  
sted, because it shal kepe thē chaste:  
for if this herbe be eatē raw, it wil  
engēder head ache. This herbe is  
good to desye the hardenes & stop  
ping of þ mylte. Also a playster of  
this herb is good to do away ache  
of a mans head that is engendred  
of euell humours. Thys herbe is  
hote & drye in the seconde degree.

A.iii.

Agri



### **Aggrimonía,**

**T**his herbe Aggrimonía men call it Egrimony but þe right name of it is Eupatoriū as saith Dioscorides, & Antonius Musa. The vertue of this herbe is thus, and it be eaten, the herbe & the roote grene, it healeth the akinge of the wōbe. Also if this herbe be dyled & powdered to powder, & dronke with water, it is good for þe same euell, also the sayd herbe tēpered with Aylle is good to heale a wounde that is hurt with yron, also this herbe bled in meats is good to hele the aking of sores in þe mylke, also this herbe in powder decoct in white wyne openeth the stopping of the lyuer that cometh of flegme, also it is hote in the firste degre, and drye in the seconde.

### **Alliū.**

\*This herbe Alliū is called Garleke, þe vertue of this herbe is thist

It will bnynde all euell wyndes within a māsbodi. And it helpeth a mā to make water, but it noyeth a mās eyes, and because he is vaporatyue. Also it maketh a mā to drynke muche, and destroyeth the sighte, & it destroyeth and healeth venim within a mā. Also it heleth al colde sores as it were tryaole. Also it healeth the scabbes, & morpewes, or bladders, in what maner place they be in a mans body, so þe it be wel froted therw, this herbe is hote and dry in the secōd degre.

### **Altea.**

**T**his herbe is called Polyhocke or the wyld Gallow. the vertu of this herbe is thus, take and stape it and frye it with shepes talow & make a playster and laye it to the Goute & it shall helpe him within thre dayes by experimēt all Auctors do saye and affirme that this herbe soden with vineger

sebe, & a plaister made thereof, and  
layde to þe syde of any person, it de  
parteth & helpeth yll gatheringes  
that be engedred in a mans body,  
this herbe groweth in gardens &  
moost places.

### Alleluta.

¶ This herbe Alleluta me call it  
Woodlour or Stuchwort. this herbe  
hath chir leaues, & which be round  
a litel departed aboue, and it hath  
a whyte flour, but it hath no luge  
stalkes, and it is Woodlour, and  
it is like this leued grass, the ver  
tue of this herbe is thus. If it be  
casted in the ashes in read Dore  
leaves or in read warte leaves, it  
bretech a mai dead flesh of a wound  
this herbe groweth much in wood  
des.

### Amarelus.

¶ This herbe is called Dogget  
or Doggeth. this herbe is much  
like to Gammasule. but it hath  
whyte flour as Gammasule. but it  
groweth

stinketh, þe vertue of this herbe is  
that if the toppe thereof be dride it  
helpeth the Cancer and the soyles,  
and the Emeraudes, and there be  
two spyes thereof, the one hath a  
whyte flour, and the other hath a  
yelow flour, & it groweth in corn.

### Ameos.

¶ This herbe Ameos hath leaues  
lyke unto Clozen, but they be lesse  
& the seede is like perlye seede, the  
vertue of this herbe is thus, if it be  
seperetly with hony, it heeth wou  
mes that be in a mans body, and  
it unbondeth the great stoppinge  
of wyndes, & it breketh the floore,  
& it chalet a mans stomache that  
is cold, it chalet the lyver & the  
tancer, and it healeth wounds,  
the bring of venemous brast  
this herbe is good for the  
second degree.

### Amian.

¶ This herbe is called Amian.

seede, & a plaister made thereof, and layde to y<sup>e</sup> syde of any person, it departeth & helpeth yll gatheringes that be engedred in a mans body, this herbe groweth in gardens & moyst places.

#### ¶ Alleluia.

¶ This herbe Alleluia me call it Woodlour or Stubwort, this herbe hath chye leaues, y<sup>e</sup> which be round a litel departed aboue, and it hath a whyte flour, but it hath no lōge stalkes, and it is Woodloure, and it is lyke thye leued grasse, the vertue of this herbe is thus. If it be rolled in the ashes in read Docke leaues or in read worthe leaues, it kreteth away dead flesh of a wounde this herbe groweth much in woodes.

#### ¶ Amariscus.

¶ This herbe is called Dogge felon, or Maythis, this herb is much like to Cammample, for it hath a whyte floure as Cammample, but it stinketh

stinketh, y<sup>e</sup> vertue of this herbe is that if the ioyce thereof be drōke it helpeth the Caker and the Pyles, and the Emeraudes, and there be two spyes thereof, the one hath a whyte flour, and the other hath a yelow flour, & it groweth in corn.

#### ¶ Ameos.

¶ This herbe Ameos hath leaues lyke unto Eldren, but they be lesse & the seede is like perslye seede, the vertu of this herbe is thus, if it be tēpereth with hony, it sleeth wormes that be in a mans body, and it unbyndeth the great stoppinge of wyndes, & it breketh the floone, & it chafeth a mans stomache that is colde, it chafeth the lyuer & the rapnes, and it healeth woundes & the byting of venemous beastes, this herbe is hoot & dreyed in the seconde degre.

#### ¶ Anisum.

¶ This herbe is called Anise, the

bertue of this herbe is this, it byndeth the stopping of the lyuer, and of euell wyndes and of greete humours that encloseth the milt. Also it stereth a man to make water & to swete, also this herbe maketh a mans wombe laxatiue if it be to hard, and the sede beyng parched, or rosted in al maner medecines, than it wil worke the rather, this herbe is hoot and drye in the seconde degre.

#### **Anetum.**

**¶** This herbe Anetum that men do call Anete other wise Dyl, this herbe hath leues like to fenel, but the sede is somdel brode as Orage sede is, the bertue of this herbe is this. It wil make a man pyse, also it swageth rumbling in a mas wombe, an wyched wyndes in the wombe, also it distroyeth the peryng, the sede of this hebe brent and layde ypon a wound it heleth soone,

one, & namely if a man be scalded in his membres or in hys yarde, throw the powder thereon & it shall hele, or what maner of euell that cryseth in a mans yarde it shall be hole in the same maner. A playster made with the same powder & shepes talowe & blacke sope, is good for the Emaraude, thys herbe is hote and drye in the second degre.

#### **Anabula.**

**¶** This herbe Anabula men call Spourg. This herbe causeth gret boympte, and greete laske downwarde,

#### **Apium.**

**¶** This herbe Apium is an herbe that me do cal Smalage or Stammarche, the vertu of this herbe is this. It will make a man to pyse, and open the stopping of the lyuer also the sede of this herbe hardneth a mans wombe, and it draweth euell humours of a mannes bodye

unto the head, & to the stomacke &  
the wombe, and therfore it noieth  
them that haue the fallinge euell.  
and womē that be with chyld, for  
whan it draweth such humoures  
to the wombe it engendrieth, that  
which causeth pestilēce, and ther-  
fore it is comaunded of leches that  
women that be with chyld, & they  
that kepe sucking chyldren shulde  
not eat nor drink of this herbe, for  
drede of þe fallig euell, for it is hote  
& drye, & there be .ii. spices theerof,  
the ioyce is good for cold plaisters  
tepered with flower, and for scal-  
ding, this herbe is hote i þ. i. degre

#### ¶ *Apium Emoroidarum.*

¶ This herbe is called Crowfote  
this herbe hath leues departed as  
it were Rammes sete, this herbe  
hath a longe stalke in the middes,  
and groweth in waterye places, &  
hath yelow floures.

#### ¶ *Apium*

#### ¶ *Apium ranarum.*

¶ This herbe *Apium ranarum* that  
mē cal water crowfot, hath yelow  
floures as hath crowfote & of the-  
same shap, but the leues are more  
departed, and it hath a lōg stalke,  
and out of that one stalk groweth  
many stalkes final by þe sydes, this  
herbe groweth in waterye places.

#### ¶ *Arthemisia.*

\*This herbe is called Mugworste  
or Motherworste, þe vertue of thys  
herbe is very profitable agaiſt all  
diseases pertainyng to womē. And  
also if a mā bear this herbe about  
him he shal not be werpe of trave-  
ling in his way. Also if this herbe  
be pownded with talow, it healeth  
the lozenes of a mans feete, and  
akyng also. And if it be within a  
house, there shall no wicked spy-  
rite abyde. Also if thys herbe be  
stamped and tempered wpth run-  
nyng water, it healeth the aking

of a mā's guttes and many other  
euels, thys herbe is hote and drye  
in the seconde degre.

**Aristologia longa.**

**¶** This herbe me do call it Red-  
mader, the vertue of this herbe is  
thus. It will vnbynde the stop-  
ping of the lyuer, and lette passe e-  
uel wyndes that be stopped with-  
in a mans body, also if it be drun-  
ken with wyne it clenseth and pur-  
geth all men of al maner of venim  
that is in a mans bodye. Also it  
clenseth and purgeth al maner of  
diseases that be rottē within and  
without in the baynes and in the  
teeth that ben rotten. This herbe  
is hote and drye, and it muste be  
gathered in Haruest.

**Aristologia rotun.**

**¶** This herbe Aristologia rotunda  
men do cal it Galengale meke, the  
vertue of this herbe is thus as  
pocras doth say, if the sayde herbe

be drōken with hoot water, then  
it is medicinable, and curable for  
those men that be stopped in the  
breast, and for the swellinge euell,  
and for the goute, & for the crāpe,  
this herbe is hote and drye, & it  
must be gathered in haruest and it  
is a spice of þ read Hadder. Also  
this herbe is verye good for wo-  
mens diseases, and expelleth the  
dead chyld, and all other euell hu-  
mours that are incōuenient with  
in the matryce of a woman, yf it  
be drōnke with mirre and pepper.

**Asterion.**

**¶** This herbe Asterio or Lunary  
groweth amonge stoones and in  
high places, this herbe shyneth by  
night, & he bringeth forth purple  
floures hole & rounde as a cocke-  
bell, or els lyke to foregloves, the  
leues of this herbe be rounde and  
blew, and they haue the marke of  
the Moone in the myddes, as it



were thre leued grasse, but the lea-  
ues thereof be more, and they be  
round as a peny, and the stalke of  
this herbe is read, and thys herbe  
semeith as it were muske, and the  
ioyce thereof is yelow, and thys  
groweth in the new Moone with-  
out leue, and euery day spryngeth  
a new leaue to the ende of fyftene  
dayes and after fyftene dayes, it  
looseth euerye daye a leaue as the  
Moone waneth, and it springeth  
and waneth as doth the Moone, &  
where that it groweth there gro-  
weth great quantite. The vertue  
of this herbe is thus, thei that eat  
of the beris or of the herbe in wa-  
ning of the Moone, whā he is in  
signo virginis, if he haue the fal-  
ling euell he shalbe hole thereof,  
or if he beare thys about his neck  
he shalbe holpen without doute.  
and it hath many other good ver-  
tues.

**A tri-**

**Atriplex domesti.**

**T**his herbe Atriplex domistica,  
men cal it Orage, of the whiche  
are two kyndes, that is to say whit  
and read, the vertue of eyther of  
them beyng boyled louseth the  
wombe, and theyr seede beyng  
dronke with hony water healeth  
the kynges euell.

**Auencia.**

**T**his Auencia is called Auāce,  
the vertue of this herbe is thus, if  
it be dried, and pouder made ther-  
of with whyte wyne warmed, or  
els luke warm water, & geue it to  
hym that haue the feuers, and it  
shal helpe hym muche & ease hym,  
also it healeth woundes and Can-  
kers yf it be dronke.

**Auricula muris.**

**T**his herbe is called mouseare  
the vertue of this herbe is, if it be  
dronke it helpeth the Quinsie, also  
the ioyce is good to heale all ma-  
ner of woundes.

¶ If thou do blede much at the nose,  
take and stampe Betony with salt  
and stoppe thy nose therewith and  
it wil staunche. And if thou haue  
soze teeth, with wineger, or wyth  
Aysel let it seath wel til it be more  
than half wasted, than as hote as  
thou maist suffer it sup therof and  
hold it in thy mouth til it be cold,  
than spytte it out, and do this oft  
and thou shalt be hole. Also for þe  
coughe take the ioyce or powder  
of Betonye and medel it wyth ho-  
ny, and make therof a lectuarie,  
and vse it. ix. daies and thou shalt  
be hole. And yf a man maye not  
holde hys meat within him, take  
thesame medecine and geue hym  
thre sponful therof with a spon-  
ful of water. Also if a mā's yarde  
be swollen or that it be sooze, take  
Betony and stampe it with whyte  
wyne tempered and it shal be hole.  
Also yf a man be goutye, take Be-

tony

tonye and seath it well in water &  
geue to him to drinke, and washe  
his fete therewith, and lay þe herbe  
about his feete on a clothe, and it  
wil amend hym muche. Also take  
and eat Betony or powder therof  
and you shal not be dronken that  
daye, al these medecines haue ben  
proued of this herbe. It is hoot  
and drye in the thyrde degre.

### ¶ Beta.

¶ This herbe Beta is called Be-  
tes, and there be two spices therof  
as Diascorides saith, þe one is whit  
and the other black, the vertue of  
this herbe is this, if the ioyce ther-  
of be put in the nostrylles of a  
man it clenseth a mā's head. Also  
swageth the akynge of the eyes of  
euery person, it clenseth the head  
from nyttes, and from other ver-  
mine. Also it repayreth amendeth  
a mans hayre of his headde. Also  
this herbe distroietch botches and

• B. iiii.

hiles.



biles, also **Diascorides** saith: if a mā be ouer much of this herbe þ it nourisheth euell humours in a mā, for it is hote in the first degre.

### **Bozago.**

**Bozago** is a common herbe, the vertue of it is thus. It will clense the read colour of a mā. Also thys herbe is good to destroy the Cardyacle, and the Postumes that be gathered of the black colour. Also the water dronke with wyne, maketh a man glad and merye, thys herbe is hote and moyst in þ first degre.

### **Bozago siluestris.**

**Thys herbe Bozago siluestris** is like to comē Bozage, but the leues be somewhat smaller, and it groweth in fieldes and in wayes. the roote of thys herbe beyng soden in water and dronke, is good for the feuer quartayne.

### **Bugla**

### **Bugla.**

**Thys herbe Bugla** is called Broūwort, this herbe hath leues lyke a browne colour with a blem floure and somwhat boistous, the vertu of this herbe is thus. It wil hele woundes in a mans heade, & if this herbe be dronken it healeth and draweth þ bones out that be broken in a mans head, this herbe breketh and destroyeth the reume and the akynge of the heade, thys herbe groweth in woodes much, and it is hote and drye in the second degre.

### **Burneta.**

**Thys herbe Burneta** is called Burnet, this herbe hath blew floures as hath Hayhoue and smalle ragged leaues lyke Cansye leues the vertu of this herbe is thus. It will destroye the greete humours and laxatye within a man. Also openeth the stoppinge within a

mans lyuer, and make a man too  
pysse wel. Also it maketh one to a-  
uoyde the yelow euell. Also a por-  
tio of this herbe medled with ho-  
nye and whyte wyne, helpeth and  
unbyndeth sore styches of the rib-  
bes, and in the tetes, there be two  
spices therof, the one groweth on  
hylls, and the other in medows.

#### ¶ Bursa pastoris.

¶ This herbe Bursa pastoris, is  
called Shepardes purs, this herbe  
hath a smal stalke, and ful of bran-  
ches and ragged leaues & a whyte  
floure, the coddess therof be lyke a  
purse, the vertue of this herbe is  
thus, drinke it with readde

wyne or with mylke and

it will staunche the

blondy menison

it is colde and

drye.

(\*)



## Hic incipit

de littera. C.

#### ¶ Camomilla.



¶ This herbe is called  
Camomyl, the vertue of  
this herbe is thus, if it  
be dooke w wine it will  
bryke the stone, & distro-  
yeth the yelow euell. It helpeth &  
akyng & the disease of y lyuer, if it  
be strained it helpeth & swageth  
sores in a mans mouth, it is good  
for aking in a mas head, & for the  
megri, this herbe is hoot & drye.

#### ¶ Calamentum.

¶ This herbe is called Calamint,  
the vertue of this herbe is thus, it  
destroypeth a mans talent, as apo-  
cras saith, there be. iiii. spices ther-  
of, one that is stony, another that  
is of the earth, and the thirde of the  
water

hath litel coddess w seedes, his vertue is good for the falling euell.

#### ¶ Camelon.

¶ This is called a woluyfthe thyssel or a wyde thyssel. He hath white leaues great and brode and a read flour, it groweth by wates the vertue of this herbe is, if thou take this herbe whan the Sunne is in Capricorne, and the Moone be new, while thou berest it about the, ther shal no mischief the befall.

#### ¶ Carui.

¶ This herbe is called Carui this herbe hath leues somewhat like to fenel wyth a longe stalke and a round seede more than parlyf seede. The vertue of this herbe is to destroy euell windes and the coughe, and it is good for the freisie and for bytinge of venemous beastes. Also this herbe medled with all is good for Scabbes and Ceters. Also it restoreth hair ther as it is fallen

fallen away, this herbe groweth in moyst places.

#### ¶ Centaurea maior.

¶ This is named the more Centory or earth gal, his flours be yellow in the croppe, his vertue is if it be sodden in good wyne, it wyl heale the sickenesse in the lyuer, it draweth out euell humours in the mylt, this hath ben proued, and it be soden in water, it is good to hele a wound, if there be a Canker and be anointed ther with it wil make it hole, this herbe is hote & drye.

#### ¶ Centaurea minor.

¶ This herbe is the lesse Centorye, it hath thre braunches coming out of a round stalke with a purple floure at the top. His vertue is this, if powder or ioyce therof is good for bitinge of an adder, or any venemous beast, if it be dronken with wyne, and the ioyce is good to anoynt sores ther with. yf

ye haue anye venym within you,  
powne it smal and temper it with  
Aysel and drinke it, and you shall  
cast out all the venim within you.

### ¶ Celidonia.

☞ This herbe is called Celidon  
or Ceterwort, his vertue is as Do-  
liminus saith, if the byrdes of the  
swallow be blynde, the damme of  
the byrdes fetcheth of this herbe  
and healeth their eyes therewith, it  
is good for the Canker in a mans  
mouth, it is good for the toth ache  
and to clense a mans heade, thys  
herbe is hote and dry in the secōde  
degre.

### ¶ Centinodia.

¶ This herbe is called Knotgras,  
the vertu of this herbe is to breke  
the stone, and it is hote and drye.

### ¶ Cepe.

☞ Is named an Onyon, his ver-  
tue is to comfort a mans stomack  
it purgeth somewhat y<sup>e</sup> flewme, it  
neseth

neseth somewhat the wōbe. Also  
and it be skāped and tēpered wyth  
honye and Aysel, it is good for the  
biting of a madde dogge. Also the  
ioyce tēpered with womans mylk  
is good to heale the aking of ears  
Also the ioyce tempered with any  
lycoure is good to drynke for any  
mā that hath lost his speche. Also  
the ioyce put in y<sup>e</sup> nosethrylles bre-  
keth out the euell rewme, and the  
stopping of a mans head.

### ¶ Cerisfolium.

☞ Cerisoliū is called Cerfosle or  
Cherulle, the vertue of this herbe  
is, and it be dronken with wyne it  
shal make a man to pisse wel, and  
it deliuereth a mā of y<sup>e</sup> ache in the  
raynes, and in the bladder, and it  
be dronke with wine, it letteth out  
and vnbyndeth the euell wyndes  
and vnstoppeth the wombe, and  
the lyuer of all maner wodnesse.  
This herbe withholdeth castynge.

C. i.

Also

Also a playster made w<sup>th</sup> this herbe  
tempered with Aysell, destroyeth  
wyld fire and healeth the Canker.  
and all other wounds, this herbe  
is one of the Smalaches, and it is  
hote and drye.

**¶ Cominran.**

**¶** Thys is called Comin, the lea-  
ues therof be much lyke vnto Co-  
lyandze, it hath many braunches  
commynge out of one stalke, it is  
stronge of sauour, his vertue is to  
destroy euell wyndes, and other e-  
uels in a mannes stomache, it hel-  
peth to make water, it is hote and  
drye.

**¶ Cicuta.**

**¶** This herbe is called Hemlocke  
or herbe Venet, the vertue of thys  
herbe is thus, y<sup>e</sup> ioyce of this herbe  
kepeth maydens tetes smal. Also  
this herbe oft dronke kepeth and  
destroyeth the great appetite of le-  
cher. Also the ioyce tempered with  
Swynes

Swynes grece, destroyeth y<sup>e</sup> hoots  
gout, and swageth the great swell-  
inge, for it is hote and drye.

**¶ Consolida maior.**

**¶** This is named Cōfery, it hath  
leaves lyke to Horshelme but thei  
be not so whyte, there be two spy-  
ces therof. One with a whyt flour  
the other with a red. His vertu is  
yf a man be bozson or broke with-  
in, take y<sup>e</sup> rotes of this herbe and  
rolle them in the ashes, and let the  
sicke eate therof fastinge. iiii. dayes  
and he shal be hole. Also it helpeth  
to gather broken bones, it is cold  
and drye, and it bereth black sede.  
Also it stoppeth almaner of fluxes  
of bloud, and specially for theym  
that hath a beyne broken in the  
brest and vomiteth bloude, yf the  
ioyce therof be dronke with read  
wyne and a littel mastiche.

**¶ Consolida media.**

**¶** Thys herbe is called Maythin  
C. ii. thys

this herbe hath long leaues and a litel endented and a whyte floure, and the floure is somewhat like to the Daylie, and the vertue therof is lyke the other Consolida.

#### ¶ Consolida minor.

¶ This is called Daylie or Brusworthe, his vertue is, if it be stamped and layde to a Botche, it shall heale it & breke it, for it is a spice of the comferie.

#### ¶ Columbina.

¶ This is named Columbin, hys vertue is good for hym that hathe the Quinsie. This herbe muste be gathered in August.

#### ¶ Coliandrum.

¶ This herbe is called Coliandru the vertue of this herbe is this, yf the ioyce therof be drōke with honye, it shal slee wormes in a mans body, & hardeth a mā's wombe the sede is good to do away the feuers that came thre daies, this herbe is hote and drye.

#### ¶ Cossus.

¶ This is called Coss or lesse Destin, his vertue is to heale the sicknesse of the breast, and the longes, and it wil breke the postume. Also it draweth out euell humours of a mans head, it is good for a mans stomache.

#### ¶ Crassula maior.

¶ This herbe is muche like vnto Dypyn, the vertue of this herbe is thus, if it be layde to a wound by itself, it shal heale it without any other herbe.

#### ¶ Crassula minor.

¶ This herbe is called Stonehore or Stonecroppe the leues of this herbe be somewhat lyke vnto Dypyn, and it groweth on houses and walles, y vertue of this herbe is thus, it wil make a man to cast.



# **C**hic incipit

Littera. D.

## **D**aucus asininus.

**T**his is called Dawke, hys vertue is to heale the droppe, a bytinge of venemous beastes. Also it openeth the stopping of the lyuer, and of the mylt. Also it unbyndeth the wombe, and maketh it laxatyue, it is hote & drye, in the thyrde degre.

## **D**iptanum.

**T**his is called Diptane or detaine. The vertue of this herbe is thus, if it be dronken it will deliuer a woman of a dead child. Also this herbe wil draw out a thorne or an yron out of a mans bodye, it is hote & drye in the second degre.

## **D**eus leonis.

**T**his herbe is called Dentde-

lion, the vertu of this herbe is the roote, is good for the feuer. Coty- dian.

## **D**aucus criticus.

**T**his herbe hath leaues like to wild Popie, but the leues be more white, it hath a floure of purple colour, and it groweth in wheat, this herbe is hote and drye.

## **D**raguntia maior.

**T**his is called Dragunce fe-  
mall, it hath leaues lyke to Rewe, but it hath whyte spectes, it hath an euen stalke, the lengthe of two cubites, and it beareth seede as it were a cluster of grapes, and they be yelow, it groweth in moyst places, the vertue is if it be stamped, and medled with oyle, and put into the eyes of a man, it shall do awaye the akynge thereof. Also the roote thereof, and the roote of the whyte Dyon stamped therewith and tēpered with hony, it healeth

C. liii.

all

all wounds that the Canker hath  
be rylen in. Also who froteth hys  
handes with the roote, if it be in  
Maye, without dout he may take  
adders, they shal not venim hym.  
Also the ioyce destroyeth the dark-  
nesse about a maneyes, if thei be  
anointed therewith. Also if þ ioyce  
be dronke with wine, it destroyeth  
lecherie, and it is moyst and colde.

### **C** Dragantia.

**C** Dragonce or Serpentine, this  
herbe is called. The vertu of thys  
herbe is this, if it be stamped and  
drunken with white wine, it doth  
away al maner of venim. Also it  
doth awaye the akinge of eares if  
they be anoynted therewith. Also  
pouder therof blowen in a mans  
nose, shal clense a mā of the reume  
& it is good to destroy the coughe,  
and to destroy the Canker, and the  
fretting

fretting of euell wyndes, this herbe  
is hote and moyst, & muste be ga-  
thered in June and Iulye.

## **Hic incipit** Littera. E.

### **C** Ebulus.

**T** H I S herbe is called Mal-  
worthe, it hath leaues like to  
Elder leaues, it hath a longe  
stalke, the vertue of this herbe is  
good to destroy þ dropsie, scabbes  
& tetters, & it draweth away þ euell  
humours out of a mā, this herbe  
is hote & drye in the second degre.

### **C** Edera.

**T** Hys herbe is called Iuy, thys  
herbe is lyke to Bryan, the vertue  
therof is. If it be sodē in wine, tyl  
it be thicke, and thā lay it al hote  
to a botche, and it shal breake it.  
Also if thou haue any aking in thy



heade, take the ioyce thereof, and  
oyle of roses, and white wine and  
medle it together, and anoynt thy  
heade therewith and thou shalt be  
hole thereof.

**C**dera terrestris.

**T**hys is an earthe Juy. it hathe  
leues lyke to Catmint, but they be  
not so muche, & hath a read floure.  
the vertue of this herbe is, if it be  
soden in Swines grece, it is good  
oyntment for all maner of aches.

**E**nulacampana.

**E**nulacampana is called hors-  
hele or Scabworde, the vertue of  
this herbe is this, yf a man haue  
wagging tethe and he eate of this  
herbe, they shall fasten agayne, it  
helpeth a mā to make water, if it  
be dronken it deliuereth a woman  
of a dead chylde, it is good for the  
cough, it hardeth a mans wombe  
it is hote and moyste.

**Ellebo:**

**Elleborus albus.**

**T**hys is Pelliter of Spaine or  
longe worde. Thys herbe hathe  
leaves much like to Pedelion, but  
they be not so much flyt without,  
and it hathe a floure as it were a  
parsneb, his vertu is, if he be put  
into the nozethylles of a man, it  
will make him to nese. Also it hea-  
leth the scabbe, the morphew, and  
tettters. Also it purgeth a man of  
euil colours of flewme, & of the E-  
meraudes, if he be laide to y place  
that is diseased. Also for the tooth  
ache it is good if it be sodde in Al-  
sel, and kepe it as hote as he may  
suffer in his mouth, and it is good  
to purge mans stomake & wobe.  
Also the pouder thereof putte in  
gruel shall slee wormes, and the  
ioyce medled with mylke, sleeth  
flies, it is hote and drye in the  
thyrde degree, and is a greate pur-  
gacion.

**Eleborus niger.**

**T**his is called Bedelycn, hys leues be much like to lōg Wort, but they be not so whyte, and it hathe a brode floure and a blacke coote, his vertue is if it be made in powder it wil destroye and slee rattes, and this herbe is hote and drye in the thirde degre.

**Endiua.**

**T**his herbe is called Endiue or Southisel, his vertu is if the ioyce therof be medled with hote water and dronken, it helpeth the stopping of the milt, and of the liuer. It is good to heale the yelow euell and the feauer terciari. It is good for hote postumes, & for to swage greates heates of the lyuer, and of the stomacke, and it is colde and moyste.

**Eufrafia.**

**T**his herbe is called Eufrafe, it is good for eyes, and hath a lye

tell ragged leafe lyke tyme.

**Cupatica.**

**\* This herbe is called lyuerwort,** his vertue is to destroye and clense the hardnes of the liuer. Also if it be medled with freshe grece it wil heale woundes, and it is good too heale the feuer quartayne.

**Cruca.**

**T**his herbe is named Skyrwyte, hys vertue is, the leaues be good to heale a mans mouth, if it be holden longe therein. Also the ioyce of this herbe sodden and afterwarde dronken, it destroyeth & blacke colour. Also this herbe often used styreth a man to lechery, and to make water. Also the roote stamped and medled with oyle and honye, clenseth a mans chyne if it be anointed therewith. Also the ioyce therof dronken destroyeth men, & women of the cough, for it is hote and drye in the thirde degre.

**Endic**

CHICINCEPTIT  
tera. f.

**C**fabaria maior.

**T**HIS is the lesse Brocke:  
lempe, it hath leaues in ma-  
ner longe, & somewhat round  
lyke to Myntes, thys is good too  
laye to a place that is brosed, or to  
be swellynge, if it be fried wyth  
wepes talowe.

**C**febrifuga.

**T**Hys is named fetherfoy thys  
vertue is to comferte a mans sto-  
macke, it is good to assuage þe exes-  
cotidian, the crampe, and to tem-  
per it that commeth of colde sto-  
mackes. Also it is good to lay to a  
soze that is byttē with venemous  
beastes. It wil heale it shortly and  
it be layde therto. Also if it be tem-  
pered with Aysel it will do awaye  
the Morphe we. Also if it be stam-  
ped

ped and layde to a wounde in the  
whiche be broken bones, it shall  
bringe the broken bones together  
and heale thē, and the roote ther-  
of is good to stoppe the bloody Me-  
nison. And this herb is hote & dry.

**C**feniculus.

**T**Hys herbe is called Fenel or  
Fenikel, the vertue of this herbe is  
thus, if the sede be dried it is good  
and cōfōrteth the stomacke, it ope-  
neth the stoppyng of the raynes  
of þe blader. Also the ioyce is good  
to do awaye the webbe of the eyes  
of a man, and it be dronken with  
wyne and water, it is good too do  
awaye al maner of venim. Also the  
ioyce dropped in the eares of a mā  
it wil sle wormes in a mans head.  
And also if it be dronkē with wine  
it wil put awaye the Dropsye and  
al maner swelling, and kepeth þe  
frome castinge, and if it dronken  
with wine and water, it maketh a  
womans

Womans mylke to encrease. Also if  
it be medled with Oyle it is good  
to heale a mas yarde that is swol-  
len. And this herbe is hote & drye.

**Feniculus poeticus.**

**¶** This is called Wormesede. It  
is good too distroye wormes in a  
mans body, this herbe is hote &  
drye.

**Fenigrecum.**

**¶** Thys is called Sigreke, thys  
herbe hath a longe stalke, and it  
hath leues like to thre leued grasse  
and it hath coddres, his vertue is if  
it be sodden in water it maketh a  
man laxatyue without any peryl,  
and it is hote and drye in the se-  
conde degre.

**Filer.**

**¶** This herbe is named Ferne, of  
this be thre spices. The first is cal-  
led Pompany, the second is called  
Osmounde, and it groweth in dy-  
ches and woodes, and it hath a  
great

greate roote, as Pynapples, it is  
good to heale broken bones. The  
thyrde is Euforne, and it groweth  
in walles, and Polipod ie groweth  
in Okes, it is good to make a ma  
laxatyue. This that groweth in  
woods, it is good to heale the gout  
and it maketh sinowes strong.

**Filipendula.**

**¶** This herbe is called Dropworte  
the vertue of it wil destroye the e-  
uel wyndes about a mans lyuer,  
and his mylt, and it is good to de-  
stroy the stone, it is hote and drye  
in the seconde degre.

**Flamula.**

**¶** Flamula is called Spereworze,  
or Launcel, it is muche lyke to a  
spere, and in the crop of the stalke  
cometh manye sayre and small  
braunches, and it hath a whyte  
floone, and it groweth in waters,  
hys vertue is if a mann haue the  
feuers, and the pounces of him a-

**D. i. nointed**

nointed therewith, he shalbe hole  
and it is good to breake botches,  
and byles, and it is hote and drye  
in the thyrde degre.

#### ¶ Flamula.

¶ Thys is called the lesse Spere  
worste, this herbe hath smal leues  
lyke grasse, but it is sharpe lyke a  
spere, and it groweth in felde, his  
vertue is, if a heade be cut it wyl  
heale it anone.

#### ¶ Fragra.

¶ Thys is called Strawberry, the  
vertue of thys herbe is good for  
blered men. Also it is good too de-  
stroy the webbe in a mans eyes.  
Also the ioyce of it medled with ho-  
ny, and dronke helpeth the mylte.

#### ¶ Fumus terre.

¶ Thys herbe is called fumifa-  
rie, or earth Gal, hys vertue is to  
comforte a mans stomache. Also it  
geueth a man appetite to meate,  
and it helpeth a man to make wa-  
ter,

ter, and it openeth the liuer, and it  
cleareth a mans bloude. Also if any  
drink thes of with whey, it destror-  
eth scabbies, yches, bladders, and  
euell humours, it is hote and drye  
in the firste and seconde degre.

#### ¶ CACIACIACIACIACI tera.

#### ¶ Galanga.

¶ Thys is named Galingale  
the vertue of this herbe is  
thus, it conforteth y stomache  
and maketh hym well too digeste  
hys meat, and vnbindeth and let-  
teth ont euell wyndes of a mans  
bodye.

#### ¶ Genciana.

¶ Thys herbe that men doo call  
felwrote or baldimony, his vertue  
is if it be dronke with water and  
hony, it helpeth the swellng in a  
mans

mans body, is his stomacke, and it  
is good for benemous beastes, and  
it deliuereth a woman of a deadde  
childe, it is hote and drye in the se  
conde degre.

#### **G**enestula.

**T**hys herbe men doo call it Ge  
nestre or Brome, þ̄ floures be good  
in medecines, and it hath a yelo w  
floure, hys vertue is to knit bones  
and synowes together.

#### **G**ladiolus.

**T**hys herbe is called Gladon,  
the vertue of it is good to make a  
man to cast. Also the roote of it is  
called Accorus, the which is a ve  
ry special medecine to breake the  
diseases of women.

#### **G**ranum solis.

**T**hys is Bromel or Lyche wal,  
the vertue thereof is good for the  
stone, and for al euels in the blad  
der. This herbe is hote and drye in  
the seconde degre.

**G**ra.

#### **G**ranum solis agrestis.

**T**hys is called wyde Bromel  
it is somewhat lyke to other Bro  
mel, but the seede thereof is some  
what gray, it groweth in dyches,  
it is good for the stone.

## **H**ic incipit de littera. H.

#### **C**hastula regia.

**A** H I S is named Modrose  
if the roote therof be staped  
& dronke with wine, it wil heale a  
soze in the mouth. Also þ̄ seede stā  
ped & drōken with strong Aysell it  
wil staunche the flyre, and make  
the wombe harde.

#### **H**erba crutiata.

**H**erba crutiata is a herbe that  
men call Cromworze, thys herbe  
hath litel leaues and a smal stalke

**D**.iii.

with



with whyte floures, and it is lyke  
to a crosse, thys is good too heale  
woundes.

**¶ Herba cristofozi masculi.**

**¶** Thys is called Christofer, the  
Male it hath leaues lyke too the  
Crousope, but they be more white  
and not fully so longe, it hath ye-  
lowe floures, his vertue is to hele  
the Epulence and the francye.

**¶ Herba Christofozi femini.**

**¶** Thys is named Christofer fe-  
male, it hath leaues lyke to herbe  
Peter, but thei be not in alio whit  
and it groweth muche by the wa-  
ters side, it hath a long stalke, and  
is of lyke operation as before is  
spoken of the other.

**¶ Herba Roberti.**

**¶** Thys is named herbe Roberte,  
it hath leaues like to herbe Benet  
and it hath small floures lyke to  
purple colour, and it hath a strōg  
saour, and his vertue is to heale  
woundes

woundes, the pouder of it wil see  
Cankers.

**¶ Herba Johannis.**

**¶** Thys is called saint Johānes  
worte, the vertu of it is thus, if it  
be put in a mans house, there shal  
come no wicked spirite therin.  
Also it is good to staſche al fluxes  
of bloude.

**¶ H I C I N C I P I T L I T E-  
tera. J.**

**¶ Carns.**

**¶** Thys herbe is named Co-  
hopintel, this herbe hath lea-  
ues like to Mercurie, and a  
floure like to Dragand, and it is  
bitter and pricking vpo the tong,  
his vertue is, yf a man haue anye  
swelling vpon the tonge, or any  
swelling about his eares, take y  
herbe and seeth with rose leaues  
D. iiii. in

in wyne and oyle, and with comin  
and make a playster therof and lai  
it to his eares, and it wil make hī  
hole. Also take the knobbes of the  
rote, and dry them and clesse them  
and they haue vertue to make a  
man laxatiue yf it be constyputa-  
tiue. Also yf thou wilt make thy  
face whyte and clere, take the pou-  
der of the rootes and lay it in rose  
water, and set it against the Sūne  
tyll it be consumed, do so twyse or  
thryse, than rub thy face with the  
pouder, or what other place thou  
wilt, to frete away the superfluite  
of the fleshe, and than thy skynne  
shall seeme fayre and whyte, thys  
herbe is hote and dry in the secōde  
degre.

#### **¶ Asia nigra.**

¶ Thys is called Waterfelon, or  
Bulwede or Knapwede, the vertu  
of thys herbe is to put away all  
maner of felon in yong chyldren  
by

by brekinge it fourthe in scabbes  
or water pusses.

#### **¶ Apia maior.**

¶ Thys is named Pympernell, it  
hath leaues lyke to Chikenwede,  
it is good to heale woundes, & too  
destroie benym, and to heale a mā  
of the Postume, and to heale soze  
eyes.

#### **¶ Treos.**

¶ Thys herbe is called Saue, it  
hath leaues muche lyke vnto the  
flourdelyce, and it hath a whyte  
flour, it groweth in water, the ver-  
tue of it is good to heal the aking  
of synowes. Also yf it be dronken  
with wine or ale, it will destroy eu-  
el humours in a mans brest, and  
the coughe. Also it destroyeth the  
Crampe, it heleth the biting of ve-  
nemous beastes. Also if a woman  
haue a dead child within her it wil  
deliuer her without perill, it is ho-  
te and drye in the secōde degre.



### **C**ris.

**T**hys herbe is called Flourede-  
lyce, thys is like to an herbe that  
is called Saue, almost in all fetu-  
res, but the floure is moore ynde-  
blewe, this herbe groweth in wa-  
ter and gardyns. It is of the same  
bertue that Saue is of.

### **C**lopus.

**T**his herbe is called Clope, hys  
bertue is, yf a man take the ioyce  
therof, and put it in his mouth, it  
wil heale al maner of euels in the  
mouth. Also it sleeth wormes in a  
mā's wombe, and maketh it nethe.  
Also if it be dronken grene, or in  
pouder, it maketh a man well co-  
loured, it is hote and drye in the  
seconde degre.

### **C**usquianus.

**C**usquianus is called Henbane  
his bertue is good for the goutte, &  
namely those that come of melan-  
colie. Also the seede thereof and  
the

the seede of Hemlocke medled to-  
gether and a candel made thereof  
or bzent vpon a tyle stone, and let  
the smoke go by ito a mā's mouth  
in especial amonge the teeth, & it  
will slee wormes. Also the rootes  
be good for the tothe ache. Also  
ioice therof is good for al woundes.  
Also it swageth the cough and the  
hote postume, and the hote goutte.  
Also the seede of this herbe shulde  
be gathered in the moneth of Au-  
gust, thys herbe is colde and drye  
in the thyrde degre.

**C**usquianus  
tera. L.

### **C**labrum veneris.

**T**his is called Sowthys  
steele, the bertue of thys herbe  
is thus, yf a man haue a  
hote seauer, take the ioyce thereof  
and

and temper it with hote water, & let him drinke it, & he shal be hole. Also if a man haue benim within him, take this herbe and drye it & make pouder thereof, and doe the pouder in good wyne, and let him drinke it, and it wil cast bp all the benim, it is hote and dry in the seconde degre.

#### **Lactuca.**

**T**hys herbe is called Lettysse, or Sleepe worthe, the vertue of thys herbe is thus, yf it bee eaten rawe or soden, it engendreth good blud. Also this herbe soden with a litel Aysele and Saffro, and than dronken, it helpeth a man that is stopped in the lyuer, and in the mylte. Also yf a man may not slepe, take the seede of this herbe and stampe it to pouder, and temper it wpyth womans mylke, and make a playster therof on lynt, and lai it to the tempelles of thy heade, and thou shalt

shalte slepe well, or els drynke the pouder thereof with mylke. Also take the seede, and temper it wpyth oyle of Roses, and make a plaister and lay it to the stomack, and it is good to destroy the hote postume. Also drynke the ioice of this herbe or pouder of the seede, for it is good to heale the flyre. But who that bleseth this herbe ouer much, it wil destroye their sight, thys herbe is colde and somewhat moyst.

#### **Lactuca siluestris.**

**T**hys is called wylde Lettysse, thys herbe hath leaues like to the Chyffell, and they be sharpe and kene, and it hath a floure of purple colour, and it groweth in felde and in wheate. Thys herbe is hote and drye.

#### **Lactuca leporina.**

**T**hys herbe is called Harthysfel, this herbe hath leaues like to Sowthysfel, but the leues be not

to endented, it droppeth milke, the  
vertue of this herbe is thus, yf a  
hare eate of this herbe in Somer  
whā he is mad he shalbe hole. Al-  
so take this herbe, and laye it to a  
mans syde whan he slepeth, or els  
that he know not therof, & it wyll  
heale hym of the feuers.

**Clapatium rubeum.**

**¶** This is called the red Docke.  
if that a man take the ioice therof  
and holde it in his mouth, it wyll  
awage the tothe ache. Also if a  
man haue the kynges euell, take  
this herbe and seeth it in wyne, &  
strayne it and geue him to drinke,  
and he shalbe hole if he vse it ofte.  
Also if a man rubbe him with the  
ioyce, it doth away euell itchings.  
Also this herbe is good to deliuer  
windes that be stopped in a mans  
stomacke balking. Also this herbe  
is good to make scabbes and bot-  
ches rype. Also it is good to make  
a man

a man to haue a harde wombe, it  
is hote and drye.

**Clappa.**

**¶** Thys is called Clottes, or Bur-  
res, the stalke therof nere the rote  
is very good for Sallets.

**Clauendula.**

**¶** This is called Lauender, yf  
this be sodden in water, geue that  
water to a man that hath the pal-  
sie, and it wil heale hym, it is hote  
and drye.

**Clauriola.**

**¶** This is called Lawrel, it wyll  
make a man laxatyue, and it is  
good to pouрге a man of fleume,  
and of the colour, it is good for a  
man that may not eate, for yf the  
ioyce therof be put in his eares, or  
if the said herbe be stamped and a  
suppositoie be made thereof and  
laide on Cotton, it wil hele it, it is  
hote and drye in the thyrde degre.

**Ligua.**

### **¶ Ligustrum.**

**¶** This herbe is called Primrole this herbe is good to potage. Also the ioyce put in a mans nose it wil destroy the Megrin. Also it is verye good for the Palsie.

### **¶ Lilium.**

**¶** Thys is called the Lylpe, the vertue of this is, if it be stamped with talow and oyle, and a playster made therof & layde to a place there as the postume is, it shal ripe it and make it to breake. Also take a greate quantytte of the rootes and the seede of the Doche, and þe rote of Lowache, and put al these in wine and oyle, the space of .ix. dayes and after ward seeth it and clense it, and do therto ware, and make therof an oyntment, & that is good to heale the soore and the hardnes of the mylt. Also the ioice therof is good to heale the benym of adders. Also laye þe ioyce therof to

to a wounde that is bytten, and it will heale it. Also take the rootes and roste them, and temper theym with oyle of Olive, and lai it to a place that is brent and it wil heale it. Also this herbe is good for many other thinges and diseases if it be dronke with ale, wine or water. Also it heleth and cōforteth much a mans sinowes. The vertue of this herbe is in the rote, and this herbe is hote and dry in the secōd degree.

### **¶ Lingua ceruina.**

**¶** Thys is called Hertes tongue, the vertue of it is good to rype a postume, and breake it, yf it be soden with oyle of roses and a playster made therof, and if it be dronken with wine or ale, it wil harde a mans wombe, and it is good for the coughe, and it is hote and dry.

### **¶ Lingua bouis.**

**¶** Thys is called Langde bese the  
C. i. vertue

bertue of this herbe is good to do  
away the red colour of a man. Al-  
so if it be dronken it doth awaye þ  
Cardiacle, & other euell humours  
in a mans longes. Also the ioyce  
of this herbe dronken with hote  
water, maketh a man too haue a  
good minde and a good wyt, thys  
must be gathered in June, or July  
it is hote and dry in the .ii. degree.

**Lingua serpentis maior.**

**¶** This is called Adders tonge,  
this herbe hath leues like to Affe-  
dyl, but they be more grene, and  
also more sharpe in the ende, thys  
must be gathered in April.

**Lingua serpentis minor.**

**¶** This is called the lesse Adders  
tonge, this herbe hath leues som-  
what lyke to Pegil, and it hath a  
yelow floure, and out of the stalke  
commeth many braunches, and it  
groweth in woodes.

**Lingua**

**Lingua canis.**

**¶** Thys is called Houndestonge, it  
is good to distrope the coughe &  
the postume, & it wil rype a boche.  
Also it draweth thornes out of a  
mans fleshe, yf it be layde too the  
pricking playster wise.

**Lingua hircina.**

**¶** Thys is called Buckehorne or  
Swineskere, thys herbe hath lea-  
ues salted as it were an Hartes  
horne and groweth creping by the  
grounde, and it hath a litel white  
floure, it groweth in waterpe pla-  
ces, it clenseth and comforteth the  
stomack and healeth the burning  
of fyre.

**Linum.**

**¶** This is called flaxe, it is good  
if a man take the seede thereof and  
seeth it in water, it maketh a man  
laratiue, and it is good to make a  
plaster therof for aking sores. Al-  
so there is an other spce thereof  
C. ii. that

that is called *Cuscuta*, it is named  
in Engliſhe *Dodure*, and it gro-  
weth amonge ſlere, the vertue of  
this is good to purge a mā of the  
coloz. Alſo if it be taken & a great  
quantite therof ſodden with *Hyz*  
and oyle together, and a playſter  
made thereof, it is good for the  
raines, and for the breaſt, and for  
other aking limmes.

#### *Linisticum.*

*Lo* wache this herbe is called,  
his vertue is much in the ſede, the  
roote therof is good to be dꝛonkē  
with wine to heale a mā's ſtomacke  
and for other euels within a man  
and for to make good digeſtion, it  
is hote and drye in the ſecōd degre.

#### *Linguritia.*

*This* is called *Licoziſe*, the rote  
of this herbe is ſwete and it moy-  
ſteth the kindly hete of a man, and  
it is good for the coughe. Alſo if it  
be ſodden in water, it wil deſtroy a  
mans

manne's thurſte. Alſo it maketh a  
man's breaſt, hys throte, and hys  
longes, moyſt and in good temper  
thys is colde and moyſt.

#### *Lolium.*

*Thys* herbe is called *Cockell*,  
thys herbe hath vertu if it be dꝛo-  
ken with *Raddiſh* and a litell ſalt  
it is good to heale the Canker, oꝝ o-  
ther woundes in peryl. Alſo it is  
good to comfort the ſtomacke, and  
the lyuer. Alſo it wil vnbind wor-  
mes in a manne's ſtomack. Alſo it  
helpeth a man to make water, and  
it is good for ſore eyes. Alſo ſome  
fumigacion therof wil make a wo-  
mā to bere her childe without any  
peril oꝝ harme. Alſo it wil aſwage  
the great paines of a hyngē of the  
lyuer, it is hote and drye.

#### *Lupinus.*

*Thys* is called *Lupyne*, thys  
herbe hath leaues like to ſiue lea-  
ued graſſe, the *Lupine* hath ſire



leaves, and it hath a whyte floure  
and a white seede that is somewhat  
broder, and it bereth coddres some-  
what lyke vnto Beane coddres, the  
vertue of thys herbe is thus, yf a  
man haue wormes in his wombe,  
take the seede and make mele ther-  
of, and the ioyce of Wormewoodde  
and hony, and make a cake therof  
and eate it, and it vnbryndeth the  
stoppinge of the lyuer, and of the  
mylke. Also it is good to destroye  
the droppe. Also take the same mele  
and the ioyce of Arismet, & make  
therof paste and lai it to thy eares  
and it shal kyl the wormes within  
them, or yf thou make a cake and  
eate it, it will do the same. Also yf  
thou wilt take the ioyce of Lykes,  
and temper it with the meal, and  
put it in thy eares, it shal close the  
fro al euil humours, and stinking  
Also take the same mele & temper  
it with oyle, & it wil breake & rype  
all

all maner of postumes, this herbe  
is hote and drye.

**W H I C H I N C I P I C L I C**  
tera. **M.**  
**Maces.**

**T**HIS spice is hote and  
dry in the second degre,  
Maces be rides or hus-  
hes, it groweth aboute  
the Nutmegge, as the  
rynde groweth aboute the Hasell  
nutte, it may be kepte ten yeaere in  
hys vertue, it is comfortinge, dis-  
soluyng, and consumynge, the  
knowledge of fine maces is thus,  
it shuld be in coloure lyke to fyne  
golde, or els like to golde that syl-  
uer is gyfte with, the which hath  
a sharpe talage, with a bitternes,  
and it that loketh lyke to earth, is  
to be refused, for it hath no sharpe  
saueur, for a colde stomache, that  
C.iiii. may

may not defie nor degest well, take  
Maces and boyle the in wine, and  
drinke it. Also a good playster, the  
which is best for a feble stomache,  
make pouder of Mastike, and of  
Maces, and medle them with oyle  
of Roses and Mare, and make a  
playster thereof, and laye it on the  
stomack of the sicke person. Also to  
clense the brayne of superfluous  
humours, take a quantitie of Ma-  
ces, and chewe theym well in thy  
mouth, and hold the there a while  
and thatshal louse the fumosite of  
humours & rise bp to the braines,  
and purge the superfluyte of it.  
Also for febleness of the stomache  
and of the lyuer of a colde cause, &  
for the colyke, and for the disea-  
ses of the spirituall membrs, or  
feyme, boyle Maces in the ioyce  
of fenell, and in the ende of the  
boyling, put in a litell wyne, than  
straine it and drinke it, for it is the  
best

best remedy for the foresaide disea-  
ses. And for the ache of the herte,  
yse pouder of Maces in thy mea-  
tes and drynkes.

### ¶ Maioran.

¶ This herbe is hote and drye in  
the seconde degre, the floures and  
leaves bee bled in medecynes, it  
shuld be gathered in somer, whan  
it flowreth, and drye it in the sha-  
dowe. It may be kepte a yeaer, it  
hath vertue of comforting, of lou-  
sing, of consuminge, and of clen-  
sing, if the pouder of it be dronke  
in wine, or els boyle the pouder of  
it in wine, and it wil hete wel a sto-  
mack. Also it comforteth the dige-  
stion. Also take the leues & flours  
of Maiorā and powne them a lyt-  
tel, and make them hote in a pane  
and lay it to thy greuaunce, and it  
taketh awai the disease in the sto-  
macke that cometh of wynd. Also  
for the reume in the headde, take  
E. v. this



this herbe and bynde it warme a-  
bout thy heade. Also it dryeth the  
mother, and consumeth the super  
fluyte of it.

### Malua.

✠ This herbe is called Malowe,  
the vertue of it is good, if the lea-  
ues be stamped and layde to a ma-  
stomacke, it will breake a hote po-  
stume in the begining, or els me-  
dle this herbe with freshe swines  
grece and lay it on a hote tyle, and  
lay it al hote to the postume & it  
shal ripe it and breke it. Also it is  
good to destroy the hardenes of a  
mans lyuer and mylt. Also it will  
make a man laxatyue, & it is good  
for plaisters, it is colde & moyste.

### Mastike.

✠ This Gumme is hote and dry  
in the seconde degre. It is a Gum  
of a tree growing in a parte of the  
countre of Grece, in the later ende  
of MARE, the men of that countre  
wyte

wyte the trees, and than make the  
grounde cleane about the trees, or  
some othe cunnynge too kepe the  
Gumme from the grounde in cho-  
sing of it, to knowe whiche is best  
to take, the best is whyte and clere  
and that þ is medled with earthe  
and somewhat dark is not so good  
the beste Mastike, hath vertue of  
constraining, comforting, clesing  
and lousinge of humours, descen-  
dinge fro the heade aboue too the  
eyes and to the teeth, and for the  
disease of the temples, made of an  
ascendinge winde fro the stomack  
to the head. Take powder of Ma-  
stike, with white swete wine, and  
the whyte of an egge, and meddell  
them wel together, and ye will, ye  
may put in frankensence and plai-  
ster it to thy tēpels. Also seeth Ma-  
stike in water and drinke it, and it  
wil comfort well the stomack, and  
make good degestion, and it com-  
forteth

forteth and relaxeth the stomache  
and put it to fenel sede, and it put  
teth out winde out of the stomach  
Also a playster made of Mastike  
and boyle Armantake, and the  
whyte of an egge and byneger, &  
lay it on the soke of the stomache  
or brest, and it wil constrayne wel  
the colozike banite. Also seeth ma  
stike in raine water, and drinke it  
with warm water, and this mede-  
cine is good for the fluxe of the  
wombe that commeth of a sharpe  
laxe that was taken before to stop  
him. Also boile Mastike in rayne  
water, or Rose water with two or  
thre cloues and drynke it warme,  
and that comforteth the wombe or  
flux of the wombe that commeth  
of sharpenes and violence of the  
medecine. Also mastike must haue  
but littel boylinge for hurtinge of  
his vertue, and it shulde be geuen  
warme, for it constrayneth moze  
whan

whan that it is geuen warme, tha  
whan it is ouer muche hote.

### ¶ Menta ryal.

¶ Thys herbe is called Mynte  
rial, his bertue is if it be oft eaten  
it will slee wormes in a mannes  
wōbe. Also if a man haue botches  
or other renninges, or swelling in  
his head, take this herbe & stampe  
it and lay it to the soze, and it wil  
heale it. And if a mans toth or the  
flesh of the toth ake or stinke, take  
this herbe and seeth it in whyte  
wyne and in Apsell, and take the  
licoure and wash his mouth ther-  
with, than take the powder of the  
herbe & rubbe wel his teeth ther-  
with, & he shal haue a swete smel-  
ling mouth. Also take thou thys  
herbe and Apsel and make sauce,  
and it wil make the to haue a ta-  
lent to thy meat. Also when there  
shalbe geuen any medecine to de-  
stroye venim, it will be good to be  
geuen

geuen with the ioyce of this herbe  
for it hath many vertues & name-  
ly for benim, there be many spices  
therof, and it is hote & drye in the  
seconde degre.

#### **Menta romana.**

**T**his is named whyte Mynte,  
the vertue therof is, the ioyce will  
slee wormes in a mans wōbe. Al-  
so the ioyce will slee wormes in y  
nosthyllles of a mā. Also the pou-  
der thereof cast in a mans meat, it  
shal make hi wel to desy his meat.

#### **Menta rubra.**

**T**his is named the red Mynte,  
it is hote and drye in the second de-  
gre, & there be two other Myntes.  
but I meane house Myntes, the  
which properlye is sayde, garden  
Myntes, for that most comonly is  
in medecines both grene and drye,  
for greate hollesomes, it shulde be  
dried in a shadowe place, and so it  
wil be kept a yere in great vertue

to

to dissolue or louse, to consume of  
his proper qualite, and to comfort  
of his swete sauoure, for the stin-  
king of the mouth and filth in the  
gummes and of the teth, wash thy  
mouthe & gummes with byneger  
that Myntes be sodē in and after  
rub them with the powder of Myn-  
tes, or with dry Mynts to prouoke  
the appetide whan an impedimēt  
of the stomache that cometh of  
cold humors, being in the mouth  
of the stomache, make a salve of  
Myntes and byneger with a littel  
Synamon and Peper, and vse it  
wel againste vomites that cometh  
of feblenesse of the stomache or of  
colde causes. Seeth Myntes in  
Sauge water and byneger, and  
lay it on the mouth of y stomache  
with the Myntes that be sodden  
therein. Also geue to the paciēt to  
eate of thesame Myntes, for the  
syncoppyn and feblenes in feuers.

and

withoutte fetters, or of medecine  
or of what cause it be, stape Myn-  
tes with byneger and a litel wine  
if the paciēt be without feuer, and  
if he be with feuer, stanpe myntes  
with byneger alone, than make a  
tost of sower bread, and tost it wel  
till it be almost brēt, than put it in  
that licour and let it lye therein till  
it be wel soaked, thā put it into his  
nose and rubbe his lippes, gums,  
teeth, and temples therewith and  
bynde it to the pulse bayne of his  
armes, and let the pacient eat the  
moistnes that is left, and swallow  
it in. For to close the mother, take  
the tender croppes of Mynthes and  
seeth them in water or wyne, and  
playster it to the share, and to the  
caines, against the congeling in a  
womans breste, take the smalle  
stalkes of Mynthes, and seeth them  
in wine and oyle and plaister it a-  
bout the tetes. Also be it knowē  
that

that whā any medecine should be  
geuen against venim, it should be  
geuē with the ioyce of Mynthes, for  
Mynthes haue a maner of strength  
of drawynge oute of venym, for  
els it shuld be with wine that Myn-  
tes hath be soddē in, for stoppyng  
of the spleene and the lyuer and of  
the wates of the bryn of a cold hu-  
mour & of a hote without feuer.  
Take the ioyce of Mynthes alon, or  
Mynthes soddē in wine or the ioyce  
of Mynthes medled with hony, and  
geue it to the paciēt. To see wor-  
mes in the belly, take the ioyce of  
Mynthes and drynke it, and thou  
shalte be hool. Also the ioyce of  
Mynthes seeth worms in fye ears.  
For a tetter take þe ioyce of Myn-  
tes and put therto byrnstone and  
byneger, and medle the wel toge-  
ther and anoynt the tetter there-  
with, and thou shalte be hool. For  
a wounde in the head stape Myn-

f. i.      tes

tes and lay the on the wound. it.  
For pain in the side, take Mintes  
and seeth them in olde wine or ale  
and with it stampe .xviii. graynes  
of peper and drink it in the night.  
there is but litel differēce betwen  
this Mynte, and the Romaine  
Mynte, this is the garden Mynte.

#### Mercurialis.

This is called Mercurie, hys  
vertue is good yf a manne haue a  
kynge in his wombe, geue hym to  
drinke the ioyce and he shalbe hole  
it wil cleanse the stomacke, and the  
sede wil do the same. Also the ioyce  
tempered with white wine, is good  
to heale sore eyes, and if a worm or  
other venym haue bytten a man,  
take the ioyce and warme it, and  
washe it. Also if there be any wor-  
mes croppen into a mans eares,  
take the ioyce and warme it, and  
put it into the ears, and he shalbe  
hole, this herbe is hote and moist.

Mile.

#### Milefolium.

This Milefolie the lesse, this herbe  
is called. There is no differēce of  
kynd nor vertue betwene Milefo-  
ly the lesse, and Milefoly y more  
saue the more groweth in gardes  
and the lesse in wylde places, they  
be both of one strength, his vertu  
shalbe declared in Mylfoyle, the  
more folowinge by letter.

#### \* Milefolium maior.

This herbe is called Mylfoyle,  
the great or parowe. King Achil-  
les founde this herbe, and with it  
he healed his men that were woun-  
ded with yron, for woundes stampe  
this herbe with swines grece, and  
playster it to the wounde & it shall  
heale it, and the same is good for  
an ache in the breast or syde, it is  
good for them that may not pylle,  
take the ioyce of this herbe and by  
heger & drink it, and meruelously  
it helpeth a wounde, that hath

f. ii.

taken



take colde. Stampe this herbe in butter and laye it to the wounde, and it will hele it wel. Also to digest the stomack or that lieth therin, take the ioyce of it and medle it with water and hony, and drynke it warme. Also for diseases in the bodye, take the pouder and medle it with wine or with good ale, and drynke it and it helpeth much. Also it is good for heart brennyng. Also for the head ache stampe this herbe and playster it to the head. Also for biting of a woode dogge, stape this herbe with the graynes of wheate and it healeth it. Also for him that may not holde his meat, stampe this herbe with wyne and drynke it warme.

☞ **Mozella.**

☞ This herbe is called petye Mozell or nyghte shade, this herbe is colde and dry in the second degree, the leaues, the braunches, and the

fruyte

fruyte thereof be right good, and best whan they be grene, they be good for stoppinge of the Spleen, and the liuer, and best for the Jaundesse to drinke the ioyce of it with a litle Kabarbe. Also for a postume in the stomacke, in y bowels or in the liuer, seeth y ioyce thereof with barley water, and drynke it.

☞ **Motherwort or Mugwort.**

☞ This herbe in Latyne is called Artemesia, and it is hote and drye in the seconde degree, this herbe helpeth a woman to conceiue a child and clenseth the mother, and maketh a womā to haue her flowers and it destroyeth the Emeraundes on this maner. First they must be gathered, then take powder of Motherworthe, and of Horehound together, and straine it on the paps. Also if a chyld be dead in the mothers wombe, take Motherworthe and stampeth it smal, and make a

J. iiii.      plaster



playster therof, and laye it to her  
wōbe al cold, and with the grace  
of God she shall haue deliuerance  
without peryll, it is good for the  
stone and the grauel in the rayns  
of a man or of a woman, if a man  
bere this herbe vpon him, ther shal  
no venemous beast greue him. It  
is good for the yelow landes and  
if it be drūken with wine, for it co  
forteth y<sup>e</sup> stomache & maketh a mā  
or woman to haue good coloure

## **Hic incipit**

Littera. R.

\*Rapus.

**T**HIS is named Rauewe, it  
desireth ground that is fatte  
and sandi, it groweth best in  
such ground. The property of the  
Rauewe is, he changeth & tur  
neth

neth into rape, & after that it tur  
neth into Rauewe. The best doth  
grow in ground wel dūged & turned  
Also it proueth wel in places that  
stubble of Come hath ben in the  
same yeare. If they grow to thich  
plucke some by here and there, so  
that the other may proue y<sup>e</sup> better  
and those that ye plucke by, sette  
them in boide places. They shulde  
be sown in the ende of July, and  
in Auguste, the best saoured Ra  
uewe be they that bee longe and  
streyght, and not ouer greate nor  
braunches in the rootes, but a  
streyght roote. Also of Rauewe  
may be made a passing good meat  
with a littell salt and vineger, ho  
nye and mustard, and with sweete  
spices, & it mai be made withoute  
spices. Rauewe be hote in the se  
conde degre, and thei norish much  
but they be hard of degestion, they  
make the fleshe softe and wykyde,

f.iiii.

but

but lesse winde than rapes. Ther-  
fore whā ye seeth them in water,  
caste that water a waye, and seeth  
them in another water, and so his  
harde substance is tempered by  
that, and so menely betwene good  
and euell, they gender nourishinge,  
for they that be thus wel sodde be  
not harde of digestion, they make  
one wyndye, and they make stop-  
ping of vaines and of poores, but  
yet thei be profitable if thei be sod-  
den twise, and both the waters to  
be cast a waye, and they to be sodde  
with the thyrde, with fatte fleshe.

¶ *Nux muscata.*

¶ Nutmegge is hoot and drye in  
the secōde degre, the best groweth  
in Inde, and in the time of his ry-  
ping it is gathered, and seuē yere  
it may be kept, they that be playn  
and heuy after their kinde, be best  
to be chōsen. Also whā they be bro-  
ke they fal not to powder, but thei  
haue

hauē a swete and sharpe sauoure,  
if they lacke any of these aforesaid  
thei be not good for medecines, he  
hath vertue of comforting by his  
swete sauour, for coldnes and fe-  
blenes of digestion of the stomack  
take in the morning halfe a Nut-  
megge or a hole Nutmegge & cate  
it. Also for a colde stomack that is  
feble of dig<sup>tion</sup>, and for the lyuer  
geue him vñ. iij. Nutmegges  
is boyled in. Also for y<sup>e</sup> same boile  
Nutmegges and Mastike in wine  
and drynke it, this is good for the  
diseases in the stomack and in the  
bowelles to breake wynde. Also in  
the recouering of a sickenes to cō-  
fort the spiritual members, boyle  
Nutmegges & Mastike in wyne  
& drinke it. Also take a Nutmegge  
and smell to it, and it wil comfort  
the spirituall members.

¶ *Penusar.*

¶ Penusar is a water Lyllye, and  
groweth  
f. v.

groweth in waters, and hath a  
white floure, the leafe therof lieth  
alwayes aboue the water, it is  
colde and moyst of operaciō and a  
very profitable herbe to make sy-  
ropes and drinks for al maner of  
hote agues and fevers that com-  
meth of great heate of the lyuer.  
Also the floures of this herbe sty-  
ped a night in water, and þ water  
drunke in the mornynge and the  
floures put into the nolethrylles,  
taketh awaye all the payne in the  
head engendred of heate.

#### **¶ Nigella.**

**¶ Nigella** is called Cockell. Also  
a plaister of the meale therof with  
the ioyce of wozniwode, and laid  
to the navel, sleeth wormes in the  
wombe, and specially in children.  
Also the seede steped all nighte in  
white wine and the wine drūk in  
the morning, heleth the stranguri  
disury, and yliacke passion

**¶**

#### **¶ Rur communis.**

**¶ The Walnut** eaten with Rewe  
is good against all venim, and yf  
it be stamped wyth Salte and an  
Oñtō, it is a good plaister for the  
bittinge of a madde dogge.

## **¶ Hic incipit**

**de littera. D.**

#### **¶ Olibanum.**

**O**libanum is called frankin-  
sence, thys is hote and drye  
in the seconde degree, it is a  
Gume of a tree in Inde, the clearest  
is the best. Also there be trees of  
that kynd growinge in Damaske  
but not clere nor good, for it is dar-  
ker of colour, therefore it is to be  
refused in medicine, it hath vertu  
of comfortinge by his sweete savor.  
Also of closing and constraininge  
for

for the toth ache that cometh of  
superfluyte of humoures of the  
head, and specially by the baynes,  
make a plaister of powder of fran-  
kensence with wyne, and þe whyte  
of an egge medled them together,  
and playster them about the tem-  
ples. Also to stoppe the wayes of  
the baynes aboue, take franken-  
sence, & chew it well in thy mouth  
and that shall stoppe, and lette the  
flux of humours coming doune to  
the nosethyrlles. Take pylls of  
frankensence, and swallow them  
doune in the morning, than boyle  
frankensence in wine, and at euē  
drynke that whan thou goest too  
bedde. Also these pylls be good to  
helpe the digestion of the stomack  
and good against sore balkinges.  
Also to the comfortinge and clen-  
singe of the matryx, and helpinge  
of conception in the receyving the  
fume of frankensence beneth. Also  
boyle

boyle powder of it in wyne, & whā  
it is metely warme, dip a cloth in  
and lay it so warme too the share  
of the pacient, and greatly it com-  
forteth the matryx.

#### ❧ Oliandrum.

❧ Oliandrum, is an herbe called  
Oliandre, the leaues thereof are  
like to Laurel, but they be longer  
this herbe sodde in water helpeth  
against scalded legges, yf they be  
well bathed therin.

#### ❧ Olium oliuarum.

❧ Oyle of oliue is very profitable  
for one that is bytten with a mad  
dogge, yf the wounde be rubbed  
therwith, with a new cloth tyll it  
blede.

#### ❧ Ordeum.

❧ Ordeum is Barlye, the vertue  
therof is, if it be boyled with Alco-  
ryse in water, it helpeth the feller,  
and impostumes in the brest and  
shotte rybbes. Also the meal ther-

of

of mixed with egges and vineger,  
and playster wyle layde to an im-  
postume, it letreth the impostume  
to grow or go any further. Also a  
plaister made of the meale therof,  
mixed with Turpentine, Honey, &  
Lilly rotes, softeneth and ripeth  
impostumes.

## **Hic incipit**

Littera. P.

### **¶ Papaver.**

**T**his is called Popie. it is cold  
& dry. There is two kindes o  
f them. The whyte Poppe is  
colde & moyst, & it is good to cause  
one to slepe. The seede therof well  
gathered may be kept ten yere, it  
hath vertu of clesing. It is put in  
medecines w a determinatio as  
seede may be receiued of white Po-  
py or

py or blacke. For to prouoke a slepe  
make a plaister of eche of them, or  
one of the w womans milke, & the  
whit of an egge & lai it to y temples.  
The woman of Salerne gaue to  
their chyldren the Poppe, but they  
wolde geue them no blacke Poppe  
for it made the to much wey. Also  
for a hote postume in y beginning  
and for chafing of the lyuer, take  
the seede of white Poppe or els the  
herbe of it and stampe it & medle  
it with Oyle of Roies, and play-  
ster it to the greuaunce. Also for  
drynes in feuer etike and in other  
feuers take and hete Oyle of vy-  
lers, medled with powder of Poppe  
seede, and anoynt the small of the  
backe therewith.

### **¶ Parataria.**

**T**his herbe is called Peritorp,  
and it is hote and drye, the vertue  
of this herbe is thus. If a man  
haue an euell stomack, or els aking  
wagh



within hym, take this herbe and  
seeth it in thy potage and eat ther  
of and thou shalte do well. Also  
this herbe is good to heale one of  
the stoon yf he be bathed with it,  
and also drinke with posset ale.

¶ Pastinaca.

¶ This is called a Persneppe, it  
is hote and moist in the second de-  
gre. There be two maner of Pers-  
neppes, the one is the Persnep of  
the garden, and the other is the  
wilde Persneppe, the garde Pers-  
neppe is bled more in meat than  
in medecine, his vertu is to engē-  
dre thick bloud & much, wherfore  
it styreth the lust of the body yf it  
be much bled, therefore it is good  
for a man that is newli recovered  
out of his great sickenes to vse to  
eat it a while. Also thei be good to  
be eaten rawe or soden, for the me-  
lancoly humour, grene and dry.  
To make a cirope to stirre the lust  
of

of the body, and for to comfort the  
digestion, take rootes of Persnepes  
and seeth them well in water, thā  
take them out and caste away the  
water, & the rootes that be in gob-  
bettes boile them again in water,  
thā put therto hony wel clarified  
and let them boile vnto the thicke-  
nes of hony and continualli stirre  
it, that it cleue not to the vessell &  
in the middle of the boyling, put in  
Almondes if ye haue them, in the  
ende of the boyling, put in ginger  
Galingale, and a littel Peper, and  
Nutmeges, and other sweet sauou-  
red spyes. Also Persnepes may  
be sowē in December, Januarpe,  
and Marche in fat grounde deepe  
doluē and lose grounde and best  
digged, and thei be somewhat win-  
dry. Boile thē in two waters, but  
cast away the first water. Also ther  
is Persnepes that is somewhat  
read, the which may be eaten both  
C. i. rawe



ra we and roben, and with them  
and Mauewes together ye maye  
make a very good meat, and faire  
and read in colour, the whiche be  
todden as Persneppes be.

### **Piper.**

**¶** This is called Peper, it is hot  
and dry in the third degree. There  
is thre maner of Peperis. Blacke,  
white and long. Dioscorides, and  
Cōstantine saith y they be frutes  
of trees, growynge in Inde, and  
some saye y Peper is made blacke  
with brenning in the fyre, for whā  
it is gathered ther be a great mul-  
titude of Serpentes about it, and  
therfore they put it in the fyre too  
bren the Serpentes that be about  
it, the Sarylens dry it in an ouē,  
because it shall not encrease in an  
other lande. But of al the Peperis  
the blacke is the best, and the most  
holsome. Take peper and put it in  
to the nose thrys, and it wil make

the to helle, a leeth peper and fig-  
ges in wyne, and drinke it and it  
wil clense the spiri tuall members  
of tough humours, and it is good  
for the pole that is taken of colde.  
Also for the same eate powder of  
Peper with figges. Also powder  
of Peper put in a mans meat, com-  
forteth the digestion of the sto-  
mache. Also put longe Peper in a  
rosted apple and eate it, and it shal  
comforte the digestion. Also pow-  
der of Peper wil treat away dead  
fleshe, or proude fleshe, and longe  
Peper cōforteth more thā blacke.  
Also blacke Peper hath vertue of  
lousinge, comfortinge, and of dra-  
wing, it clenseth the spiritual me-  
bers of olde flewme and bycrouis  
humours, and best whan the pow-  
der of it is eaten with figges, for  
it hath great strengthe of hetynge  
and comfortinge y stomache prouo-  
kinge appetite, but to Sanguyne

and Coloryke personnes, it is not good to vse Peper, for it dieth and brendeth blode, and it engendzeth leper, & other euil sicknes. Plato sayth that Peper is foule to see in sighte, without black and within with a sharpe sauour and a swete Odoure, lyttell in quantitie and muche in vertu.

**Petrocilinum.**

**P** This is called Persley, this is hote and moyste in the seconde degree. It multiplieth greatly mans bloude and doth away the Cistike, it helpeth wel to destroy the feuer tertian, it is good for the syde and the dropsey, it comforteth the hert and the stomack, and it is good in potage and to stoppe Chieken.

**Pencedanum vel feniculus porcinus.**

**T** This herbe is called Maith or Hogges fenel this herbe is hote and dry in the second degree, whan  
thys

this herbe is gathered for medecines, the roote is bitter than the herbe, whā the rotes be gathered they may be kept al a year, it hath a purging vertu, it is good for the strangulion or the fluxe, and good for stoppinge of the splen and the lyuer, boyle this herbe in wyne or water, and geue it to the paciēt to drinke. Also seeth it in oyle & wine and plaister it too the waze and it wil helpe the stragulion or the flux. Also the same playster is good for hardnes of the splen, it mortifieth that. Also agaist the cold humors of the spiritual mebers geue hyn to drynke water with Barlye, and this herbe sodden together, and if it be a feruent colde humor than seeth y Barly & the herbe in wine, and geue it to the paciēt to drinke with Licorice.

**Paeonia.**

**P** This is called Piemy, it is hote  
G.iii. and

and dry in the secde degre, so sayth  
pocras & Galien the good phylo-  
sophers, they saye that the roote  
therof serueth too diuers medeci-  
nes & it it wil last ten yeres, & it is  
colde for the palsy, dry þ roote and  
drinke pouder with Caster sodden  
in wyne. Also the same is good for  
the stone. Also if a man be costive  
and may not go to þ draught, take  
and strawe the pouder thereof on  
Cotton, and put it into his fodder-  
mente, and drynke the pouder in  
white wyne. Also for a man or wo-  
man that hath þ falling euell, eate  
it and drinke it in wine. Also hãge  
the roote aboute his necke, and it  
wil saue him without dout with-  
in fiftene dayes. Also it helpeth þ  
sores in the mouth. Also yf thou  
teeth it in wine it hel peth þ splen.  
Also drinke Biery with water &  
hony, and do therto pouder of Co-  
lyander, and this is good for the  
stomacke.

stomack, for the mylt and for gra-  
uell in the raiues. Also it is good  
for women for diuerse diseases.  
Also seeth it in white wine, & giue  
a womã to drinke therof, and it wil  
heale her bladder, and make her to  
pyss the stone, and it wil heal her  
of the payne in the matrice. Also  
Biery sece, whã it is black it ma-  
keth deliuerance of the bed of the  
child in her wombe, and at euery  
tyme whan she shall vse to drinke  
it, she must drinke fiftene sedes at  
one tyme.

#### ¶ Pinpernel,

¶ This herbe is good too heale  
woundes and to destroye benym,  
& to hele a postume, and sore eyes.

#### ¶ Plantago,

¶ This is called Plaintaine, it is  
colde and dry in the seconde degre,  
for head ache take Plantaine and  
bynde it aboute thy necke and the  
ache shal go out of thy head. Also

for diseases in the body, seeth this  
herbe in good licour what ye will  
and vse to drynke it, and it shall  
clense the ma'w and the other in-  
wardes. Also for him that bledeth  
at the nose geue him to drinke the  
ioyce of it and it shal cease lightly.  
Also if the bodye of anye man bee  
waxed hard, stape this herbe with  
grece and make a plaister of it and  
laye it on the hardnes, and lightly  
it shalbe soft & make it hole. Also  
for bytinge of a Serpente, take  
this herbe and drinke it with wine.  
Also for the disease in the mouth,  
take þ ioyce of this herbe, for him  
that may not wel pylle, seeth thys  
herbe and drinke it. Also for a ro-  
ten humo' in the brest and about  
the hert, take þ ioyce of this herbe  
the weyght of .x. d. & medle it with  
hony and geue him to eat a spon-  
full at one tyme, & that shal purge  
the brest, for ache in the feete, take  
thys

this herbe with vineger & drynke  
it. Also it healeth woundes, and  
clenseth the fylth out of wounds.  
Also it swageth rankeling & stau-  
che the memcyons bothe with  
drynke and with playsters made  
with pouder of Armoniake and of  
Sandragowne and Barly medled  
with the white of egges made in a  
plaister and layde to the soore, for  
the Canker and the payne in the  
gummes, take the ioyce thereof &  
medle it with honye and byneger  
and pouder of Allume, and that  
shall slee the Canker in the mouth.  
Also for the Feuers stampe, three  
rootes of Plantayne, and temper  
it with water, and geue hym too  
drynke that hath the feuers and he  
shalbe hole, for the Fades stampe  
Plantayne and Lettyle together,  
and temper them with vineger &  
make a plaister therof and lai it to  
thy right side, and vse it tyll thou

be hole, and it is good for the by-  
ting of an Adder, drinke the ioyce  
of it and lay the substance of the  
herbe to the soze, for the same haue  
the roote of Plantaine about the  
necke of the patiente, and merue-  
lously it helpeth, for the gout and  
for the disease in the finowes, stap  
the leaues of it with a littell salt,  
and plaister it well therto, & mer-  
uelously it helpeth.

#### Polipodium.

Thys is called Polypodye, it is  
hote and drye in the second degre.  
Thys Polypody is a fcarne that  
groweth vpon Okes or on walles  
or stones, but the Polypody that  
groweth on Okes is the best. Ga-  
ther the rootes of it and laye it a  
daye in the Sunne, chole that is  
grene, and that whiche appere dry  
whan it is broken, it is to be refu-  
sed, he hath vertue of dissoluinge,  
of drawinge, of purginge fleume,

and

and specially melancoly, wherfore  
commonly he is put in boylunge  
to stumatike & melancolious hole  
men, to preserue their health, and  
know well that in the boyling of  
Polipodye shoulde be put in some  
thyng to exlude and put out ven-  
tosite, as Anyse sede, fenel sede, or  
Comin, or els all these aforesayde  
sedestogether, for thei exlude out  
much wynde, and vnbinde the hu-  
mours. Also for the Cotidian and  
for Aliake passyon, and too kepe a  
mans health do thus, stampe half  
an vnce of Polypodie, or an vnce  
yf ye will haue it muche laxatyue  
than boile it with Prunes and vio-  
lets in fenell water or Anyse, in a  
great quantite, thā strayne it and  
geue the patient at morning and  
euening. Also stampe it and seeth  
it water with fenel sede and with  
water, and make a brothe with a  
Chickin therin, with swete sauou-

red



ted spices, and geue the pacient to  
eate. Also make a drinke therof af-  
ter this maner, stampe it and boill  
it in wine, & after put more wine  
thereto, and so make by your drinke  
with swete sauoured spices.

### **Porrum.**

**P** This is called a like, it is hote  
and dry in the .ii. degre, it desireth  
louse grounde and fat & well dun-  
ged, in that they shall beste profite  
in hote places & temperate. They  
may be sown in December in tē-  
perate places & colde. They maye  
be sown in January, February, &  
Marche whan the ground is well  
dygged and dighte, and it maye be  
sown by it selfe or medled with o-  
ther sedes of herbes, in good fatte  
grounde well dygged and turned  
aboue it with good dūge, this sede  
wolde be sown somewhat thicke  
and whan they be somewhat sprōg  
take vp the greatest Lykes and  
plante

plante them in forowes, but take  
awaye none of their rootes whan  
ye se the in the forowes, but whā  
ye set them with a dyble, than cast  
awaye the rootes almost vp to the  
like head, and cut awaye the upper-  
most of the leues, they may be pla-  
ted in Iulye, August, September  
and October, they be much profi-  
table in Marche and in April next  
folowinge, but in your plantynge  
you shall not seke after fatte softe  
grounde, for menely ground that  
is almost drye is best, there is two  
maner of setting of Lehes, one is  
in forowes, as is the maner in Bo-  
nony & the one forow must be fro  
the other a span large, and the Le-  
hes must be set in the forowe .iiii.  
fingers brede, eche fro other, and  
whan ye make the next forow, cast  
the earth on the Lehes and treade  
it doune softly with thy fote. The  
seconde maner is thus, whan the  
grounde



grolinde is well dygged and rased  
than make hooles wyth a greate  
dyble and euery hole from other a  
large span and more, in which the  
Lekes must be sette, but fyll not  
thy hooles nor put earth on them  
but let them be boyde thre wekes,  
whan wedes growe among them  
pull them bp and kepe them clene  
fro wedes. Diuers auctours saye  
that the Lekes that be thus plan-  
ted be better thā any other, or they  
may be wel planted among great  
Onyons, and whan the Onyons  
be taken away, weede the Lekes &  
you shal fynde the faire and good,  
and whan ye pluck bp leaue some  
in a place, and leaue some for sede  
the whiche sede may be kept thre  
yeare and it be hanged bp in the  
hulles, Lekes be best sodde, or thre  
times washed before they be eatē.  
For a wounde take Lekes & stampe  
them well with hony and lay it to  
the

the wounde and it wil heale it, for  
the cough take the ioyce of Lekes  
ble to drynke it, for the same take  
the ioyce of Lekes & medle it with  
womans mylke and ble to drynke  
it, and it will clense the longes of  
all byces.

*Fracturas solidat, duritiasque  
relaxat.*

*Quilnusque appositum: ceto cum  
la. e claudit.*

### **Piretrum.**

**P** This is called Pelleter, it is  
hote and dry in the seconde degre,  
the rote is vled in medecines, fūe  
yeare he may be kept in his vertu  
and knowe ye well that his sharp-  
nes is not knowē, it shuld be pow-  
ned and holden in the mouth. He  
hath vertue of lousinge, and dra-  
wing, and of consuming. To make  
a gargarysme, take Pelleter and  
figges and boyle them in vineger  
or swete wine, and it wil close the  
braine

braine of superfluite of flewte.  
Also if it be chewed in þ mouth it  
helpeth the Palsye in the tongue.  
Also for the palsye and the Goute,  
stampe it and seeth it in wyne &  
oyle and plaister it to the greuace,  
this plaister helpeth muche, ther-  
fore if thou may haue grene Pely-  
ter stampe it and lay it sokinge in  
wyne fiftene daies, and after boill  
it well, and put thereto ware and  
oyle, for this is the best oyntment  
for all the foresayd diseases.

#### ¶ Pruna.

Plummes be colde and moyst,  
some be white, some be black, and  
some be read. They that be blacke  
and somewhat harde be the beste,  
they be called Dāsons, and whan  
they be ripe, gather them and sty-  
them and sprynge byneger vppon  
them, and so they may be kept in a  
vessel of woode a yeare, and fyrste  
whan they be cut they must be laid  
in

in the Sunne fiftene dayes to drye  
these Dāsons haue vertu of colde-  
nes and clenysynge of the inwarde  
partes, wherefore they be good in  
feuers that be sharpe, and for co-  
stiuenes of the belly that cometh  
of drynes or of coloure the humours  
dryeng, yf they be newe geue hym  
them to eat, yf they be drye boyle  
them in water, and geue þ patient  
to drinke thereof, this is good for  
the feuer tertian, for stoppynge of  
the lyuer, for the Fandes, & sharpe  
feuers, it softeth the belly, it is  
good for defaute of appetite, and  
for many other diseases.

#### ¶ Pulegium.

Thys is named Pulioll royall,  
it is hote and dry in the second de-  
gree. In the tyme of flourynge it  
shoulde be gathered, and it maye be  
kepte in hys vertu a yeare, whā it  
shalbe vled in medecines, take the  
leaves with the flours, and stripe  
P. i. them

them fro the stalk, and it hath vertue of losing and consuming, for colde humours in the heade, take pouder of it and heate it wel in a skillet, and al hote binde it to the greuaunce without any lycoure. Also for a great colpe taken in the head, and for a tough humoure or a watery humour, make a gargarysme, seeth Polyal roial and drye figges in a tarte vineger, and take a good sponful thereof as hote as ye may suffer it, and hold it in thy mouth tyll it be almost colde, then put it out and take as much more, and do so thre or foure times, and that shall purge thy head well of flewme. Also seeth it in wine and drinke it, and it is good for the disease in the stomacke & guttes, and for colde causes, for the wynde in the stomacke. Also it is good for tough flewme in the brest, if thou take pouder of it & medle it with

clarified

clarified hony, and make a lectuarie therof, and vse to eat therof or take the herbe therof and boyle it with wine, hony, or water, and vse to drinke therof. Also for the black colour, drinke the ioyce of it or boyle it with wine and thou shalt be hole. Also for any ytchinge hyle lay this herbe in water and vse to washe the ytchinge therin warme and thou shalt be hole. Also for ache take this herbe all grene and stampe it and plaister it to þe ache and it wil ease it. Also against the coughe boyle this herbe in wyne, and drinke it luke warme, and this wil make one to pylle wel. For the disease in the bellye, stampe this herbe with Comin and water, and lay it hote to the nauell and lightly it shall be hole, for the diseases in the liuer stampe this herbe and temper with water and vineger, and drinke the ioyce therof, and thou

¶ ii.

shal be

Walbe hole. For an ache in the leg-  
ges or armes, take þ leaues of El-  
ders, and Pulloil royal, of euerye  
lyke much, and stampe them toge-  
ther wel and playster it to the gre-  
uaunce, and it is good for the fe-  
uer tertian, if thou take the braun-  
ces of this herbe and wrappe it in  
a good Locke of wol, and geue it to  
the pacient and let him smel ther-  
to, before the feuer come to hym,  
and that shall do hym great ease.  
For the head ache take thys herbe  
and binde it fast round about thy  
head, and anon it ceaseth þ ache.  
Also yf a woman haue a deade  
chylde in her wombe, stampe thys  
herbe and geue her to drink with  
olde wyne, and she shall be deliue-  
red of it by the grace of God. For  
the Crampe drynke the ioyce with  
byneger fastynge, and it will put  
it awaye.

¶ His

¶ **CHIC INCEPIT**  
tera. ¶

¶ **Quinque folium.**

**Q**uinquefolye is colde & drye  
in the seconde degree, thys  
herbe is good for ache in a mans  
lymnes, and for ache in the head,  
mouthe, tunge and throte that be  
sofe, take and seeth thys herbe in  
wyne, and geue the pacient to  
drynke therof this booke fynde and  
lasse and be walbe hole. Also stape  
it and drynke the ioyce of it in ale,  
and it will cease the akyng and  
gnaulinge of a man or a woman.  
Also if a man blede sore at the nose,  
geue him to drynke the ioyce of it  
with wyne, and anoint his head  
well with the ioyce of this herbe,  
and anon the blood shall stande.  
For to kee a Canker, seeth in wyne  
and the grece of a swine and make

¶ iii.

¶ a nla


a playster therof and laye it on the  
Canker and it shal he it. Also take  
pouder of quinkefoli and medle it  
with hony, & therewith rubbe thy  
mouth, tunge and throte, and the  
chekes within and it wil purge it  
wel. Also for poison and biting of  
a serpent, take the ioyce of quinke  
foli, and dypne it with wine and  
meruelously it resisteth venim.

## Hic incipit

Littera.


11.

### Reade nettels.


 This herbe is good for him  
that hath the fundemet com-  
ming forth, & for the jailes &  
Emeraudes, take read nettels and  
stamp them linal & seeth the in an  
earthen pot with a porcio of whit  
wine tyl halfe be wasted, and geue  
the

the patient to dzinke first and laste  
warne, and laye the herbes to the  
fundamente as hoot as the pacy-  
ent may suffer it, and ble this me-  
decine tyl it be hole.

### Rybworpe.

 Rybworpe is good for the fener  
quartayne, take the ioyce of thys  
herbe and dzink it two houres be-  
fore ye thinke the disease shall co-  
me to pou, & by the grace of God  
it shall go from you.

### Rosa rubra.

 This is the read rose, it is  
cold in the first degre, and drye in  
the second degre, Dye roses and  
grene roses be bled in medicines  
and of grene roses be made many  
confections. Also dy roses be put  
in medicines, wha a receite of ro-  
ses is made, for they be some made  
in pouder, of roses is made Mel-  
roset. Synger roset, sirop of roses,  
a lectuari of roses, water of roses

¶.iii.

and



and oyle of Roses. Melrosette is made thus, take saize purified Honye and new read roses, the white endes of them clypped a waye, thā chop theym smal, and put thē into the Hony and boyl thē menely together, to know whan it is boyled ynoughe, ye shall knowe it by the swete odour and the colour read, fyue yeares he may be kept in his bertue, by the Roses he hath vertue of comfortinge, and by the hony he hath bertu of clensing. In wynter and in Somer it maye be geuen competently to feble, sicke, flumatike, melācoly, and coloryke, people. Also Mulla is made of water and Melroset, and it may be geuen after the thyrde day that it cometh oute of the boylinge for to clense the stomache of calde humor, geue him Melroset with water that fenel seade is boiled in putting therin thre graynes of salte.

yt the sicke ma take it this shoulde be the quātite of Roses and hony. In seuen pounde of Honye put a pounde of Roses. Suger roset is made thus, Take newe gathered Roses and stape them righte smal with Suger, thā put in a glasse & xxx. dayes let it stande in y Sunne and stirre it wel and medle it well together, & so it may be kept thre yeares in his bertue. The quātite of Suger & Roses shoulde be thus, in.iiii. pound of Suger a pounde of Roses, he hath bertu of cōstraynyng and comforting of the flur in the wombe. Take Suger roset and powder of Mastike of eucrye one a diam, and medle thē well together and geue it to the sicke, after that geue hym rose water that Mastike and cloues be sodden in. Syrope of Rooses is made thus some do take Roses dyght, as it is before sayd, and boyle them in wa



ter, and in the water strayned thei  
put suger and make a sirope ther-  
of, and some do make it better, for  
they put roses in a vessell, hauing  
a straght mouthe, and they put  
to the Roses hote water and they  
let it stande a dai and a night, and  
of that water putting to it suger,  
they do make sirope, and some doe  
put more of roses in the foresaid  
vessel and more of hote water. &  
let it stande as is before saide, and  
so they make a read water & make  
therof a sirop. And some do stape  
new Roses, and then strayne out  
the ioyce of it & suger therewith  
they make sirope: and this is the  
best making of sirope, and knowe  
ye wel that sirope made of freshe  
and newe Roses, firste somewhat  
meauely they laxe, in the ende thei  
binde, but sirope made of dry Ro-  
ses firste and laste they binde. Sy-  
rope of Roses hath vertue of com-  
fortinge

forting, and constraining against  
the fluxe of the wombe and the vo-  
mite, geue it to him with rain wa-  
ter or with Rose water in a feuer.  
After letting of bloud, giue it him  
with cold water. Also the same for  
the Sincopine. Oyle of Roses is  
made thus, some boyle Roses in  
oyle and kepe it, Some do fyll a  
glasse with Roses and oyle, and  
they boyle it in a Caudron full of  
water, and this oyle is good, some  
stampe fresh Roses with oyle, and  
they put it in a vessel of glasse, and  
set it in the Sūne. iiii. daies, & this  
oyle is good against the chafinge of  
the lyuer, & it be anointed there-  
w. Also it is good for the diseale  
in the head that cometh of hete,  
anointe the forehead and the tem-  
ples with oyle of Roses. The wa-  
ter of Roses hath vertue of com-  
forting and constraining against  
the flux of the wōbe and vomite.  
Also

Also geue hym Rosewater boyled  
with Masticke & cloues, it is beste  
agaynst the fluxe and feblenes of  
bertue, yf it come of a fluxe by a  
harpe medecine. Also Rosewater  
is good for the Syncoppe & the  
Cardiacke geue it hym to drynke  
and sprynge the water on his face  
and the water is good for eyes and  
in ointmentes for the face, for it ta-  
keth away the wemes & the super-  
fluyte & straieth y<sup>e</sup> skin. Also drye  
Roses put to y<sup>e</sup> nose to smell do co-  
forte the braine and the herte and  
quencheth the spyte. Also agaynst  
the fluxe of the wombe of coloure,  
geue hym Roses boyled in rayne  
water. Also a playster made of Ro-  
ses & the whyte of an egge and by-  
neger, and dyp a sponge in it and  
lay it on the mouth of the stomack  
agaynst the syncoppe, geue hym  
to drinke water that Roses haue  
ben boyled in, & geue him powder

of

of Roses in a reue egge, too make  
Oyle of Roses, take twoo pounce  
of Oyle, a pounce and a halfe of  
Roses and put all in a glasse, and  
put the glasse in a Caudro full of  
water and hange it therin & boyle  
it tyl the thyrde parte be wasted &  
after strayne it through a linnen  
cloth, and kepe it for your vse, for  
this oyle is losing and serueth for  
many thinges. Some do put Rose  
water in a glasse, and they put Ro-  
ses with their dew thereto, & they  
make it to boile in water, tha<sup>n</sup> they  
set it in the Sune tyl it be readde  
and this water is beste, this hath  
bertu of comforting and constray-  
ning, and for the flux of the wōbe,  
and agaynst the vomite.

#### ¶ Rosemary.

¶ This herbe is hote and drye,  
take the flours and put them in a  
linen clothe, and so boyle them in  
sayre cleane water to the half, and  
cole

cole it, and drinke it so; it is much  
worth against all euels in þe bodye.  
Take the floures and make pou-  
der therof and bind it to the right  
arme in a linnen cloth, and it shal  
make thee light & mery. Also eate  
the flours with honey saltig, with  
sour bread, and there shal rise in  
the none euell swelliges. Also take  
the floures and put the in a chesse  
amonge youre clothes or amonge  
bookes, and moughtes shal not  
hurte them, boyle the floures in  
Gotes mylke, and than let them  
stande all a nyght vnder the ayre  
faire couered, after that geue hym  
to drinke therof that hath the tisis  
and it shal deliuer him, boile the  
leaves in wyte wyne & wash thy  
face therewith, thy berde and thy  
browes, and there shal nothyng  
bryake out, and thou shalt haue a  
fayre face. Put þe leaves vnder thy  
beddes head and thou shalt be deli-  
uered

uered of all euell dreames. Byshe  
the leaves smal to powder and lai  
them on a Canker and it shal sle it  
Take the leaves and put them in-  
to a vessel of wyne and it shal pre-  
serue it fro tartnes and euell sa-  
uoure, and yf thou sell that wyne  
thou shalt haue good lucke in the  
sale. If thou be feble with unkind-  
ly swete, take and boile the leaves  
in cleane water, and whā the wa-  
ter is colde, do thereto as muche of  
white wine, and thā make therein  
soppes and eate well thereof, and  
thou shalt recouer appetyte. If  
thou haue the flux boile the leaves  
in stronge Aysell, and binde them  
in a linnen clothe, and bynde it to  
the wombe, and anon þe flux shal  
withdrowe. If thy legges be blo-  
wen with the Gout boile þe leues  
in water, and than take the leaves  
and binde them in a linnen clothe  
about the legges, and it shal do  
thee

the good. Take the leaues & boyle  
them in strong Aylle, and bynde  
them in a cloth to thy stomacke &  
it shall deliuer the of all euils. If  
thou haue the coughe, drynke the  
water of y leaues boyled in white  
wine, and it wil hele the. Take the  
rinde of Rosemary and make pou  
der thereof & drinke it for the pole  
and it shall helpe the. Take the tim  
ber therof and burne it to cooles,  
and make powder therof, and than  
put it in lynnē clothe and rub thy  
teth therewith, and if there be any  
wormes therin it shall slea them &  
kepe thy teethe frome euils. Also  
make the a boze of the wood and  
smel to it, and it shall preserve thy  
touth. Also put therof in the doore  
or in thy house, and thou shalt be  
withoute daunger of Adders and  
other venemous serpentes. Make  
the a baryl therof and drinke thou  
of the drinke that standeth the rit  
and

and thou nede not to feare no pop  
son that shall hurt the, and yf thou  
set it in thy gardē kepe it honestly  
for it is muche profitable. Also yf  
a man haue losse his smellinge of  
the ayre, or els he maye not drawe  
his brethe, make fyre of the woode  
and take his breth therewith, and  
geue it him to eat & he shall be hole.

✠ Ruta.

¶ This is called Rewe, this is  
hote and drye in the seconde degre  
the leaues and the sedes be bled in  
medecines, the sedes may be kept  
ten year, and the leaues a year, he  
hath vertu of purging, dissoluing  
and consuming, for the head ache  
take the ioyce of Rewe and bete it  
& put it into his nozethrilles, for  
it purgeth out Rume and cleaseth  
the brayne, the ioyce sodden wyth  
wine is good for the same. For fe  
blenes of sight put Rewe in a pot  
with ale, and let the paciēt vie to  
A. i. drinke

drinke of it. For stoppinge of the  
spleen and lyuer, the stragurpe and  
the flux, seeth Rewe in wine with  
rootes of fenel or powder of Rewe  
with the ioyce of fenel and drinke  
it warme. Also for an ache or fre-  
ting, stampe Rewe with powder of  
Comin, and plaister it to the gre-  
uance. Also against venim drinke  
the ioyce of Rewe. For bitinge of  
venemous beast or worm, plaister  
Rewe to þ biting. For feblenes of  
eyesighte styll water of Rewe and  
Roses together, and put therof in  
your eyes. Also an oyntment for  
sore eyes, stampe Rewe & fenel to-  
gether of iche like much by weight  
and medle theym with honye and  
Custard it is a good oyntment for  
eyes. Take Rewe, Comin & Peper,  
of iche like much by weight, & grind  
them smal together and medle the  
with hony and beneger, and it is  
good for the ache in the brest and  
in the raines.

¶

## Hic incipit de littera. S.

### Salvia.

**S**age is hooted in the first de-  
gre, & dry in the secōd degre,  
the leaues onely be takē in mede-  
cines both grene & dry, he may be  
kept a yere, ther be two maner of  
Sages, þ gardē & the wylde Sage.  
If thou wil haue Sage in for me-  
decines take the leaues of garden  
Sage, for that cōsumeth more &  
cōforteth more thā the other doth  
for the Pally seeth the leaues of  
Sage in wine and bse to drinke it.  
For the same seeth þ leues in wine  
and plaister to the greuance. Also  
it is good too put in sauce for the  
straguri, the flux, and the matrice  
it cōseth, seeth þ leaues in water  
and let the pacient sit ouer it, and  
receiue

J. ii.



receiue the hote fume of it, and it  
shal do him much good. Also it is  
good for veni or poison, seeth sage  
in Ale or wine, and vse to drink it  
thre dayes and thou shalt be hole  
by the grace of God. For the sto-  
macke, drinke the ioyce of Sage  
with water & hony, and it is good  
to close a mans body to vse it bothe  
ripe and grene, it wil make a mans  
body cleane, therfore who that vs-  
seth to eate of this herbe or drink  
it, it is merueyl that any inconue-  
nience shulde greue them that vse  
it. If ye haue an ychinge on you  
wash it wel with the ioyce of this  
herbe and it shal sle ychinge. Also  
drinke Sage and wine and a lyt-  
tel wormwoode, and it shall cease  
the ach vnder the sides, the wōbe  
and the stomack, it is good for the  
palsye and dropsye.

**De Saturegia.**

**C**Thys is called Sauerye, it is  
hote

hote and drye in the thyrde degre,  
seeth it in wine or water & drinke  
it, and it purgeth the raines, the  
bladder, the mēstruosite in the bo-  
welles, it purgeth the longes, and  
loseth greate humours, and com-  
pelleth and putteth him out by y<sup>e</sup>  
mouth by spitting, therefore he is  
brenning and stirreth him that vs-  
seth to lechery, therefore it is for-  
biddne to vse it muche in meates.  
Soke it in vineger or wyne, and  
drinke it, & it shal make thee haue  
a meke stomack. Also whā it flou-  
reth it shuld be gathered and dried  
& pouder made thereof. Also take  
the pouder of Sauerye and boyle  
it with clarified honye and vse to  
eate therof, or boyle it in wyne &  
drinke it, and it will louse tounge  
flume in the brest. Also for fretting  
in thy belly drinke pouder of it in  
warne wine and thou shalt be hole.  
Also yf ye take the lesse Sauerye it  
I.iii. hath



hath the same vertue and strength  
that the other Sauery haue. Also  
make greuel with water & flour  
and pouder of Sauerye, and deate  
therof and that shal clesse al the  
spiritual members of a man.

### ¶ Sauayne.

¶ This is hote and dry in the se-  
conde degree, it is good to slee wor-  
mes in the wombe, and to brynge  
them out yf it be sodden in wyne,  
and geue to the pacient to drynke.  
It is good with butter or grece to  
make an oyntment for the scabbe  
that reneth to heale it, and dry it  
bp, & it is good for the heade ache,  
yf it be stamped and tempered wth  
vineger and make a plaister ther-  
of and laye it to the temples, and  
bpon the molde of thy head.

### ¶ Saxifraga.

¶ This is hote and drye in the .ii.  
degree, for the stone seeth y root of  
it in wyne and drynke it. Also it is  
good

good for the dis ease of the Colyke  
and the strangury, and the pouder  
of it bee eaten with an egge, it is  
good for the same. It may be depe  
in hys vertue three yere.

### ¶ Scabiola.

¶ This is called Scabious, it is  
hote & dry in y.iii. degree, to drye it  
ther is no profit i it, for scabs take  
y ioyce of it, vineger & oyle, & boyle  
the toget her til they ware thick, &  
kepe it, for it is good for scabbes.  
For the Emeraude seeth them in  
water, tha sit ouer it and take the  
fume of it and ble it, & thou shalt  
be hole, stape it and seeth it i wine  
and the drinke is good to destroye  
humours in the stomack, & drinke  
it euery dai fasting with Euphrase  
and thou shalt be hole, and thou  
shalt neuer haue the pestilence by-  
ding within the while thou do ble  
it. For the lyuer stampe it and seeth  
it in wyne and drynke it.

I.iii.

Scab.

### **Scamony.**

**S**camonye is hote and drye in the thyrde degre, the leaues onely be beste in medecines, it maye be kept a yere in hys vertue oꝛ two foꝛ nede. foꝛ the disease in the stomack boile pleauers of it in wine & drinke it. Also the aforesaid drink is good foꝛ the bely, & foꝛ the strangury and fluxe. Also a steme made with boillig of it in water oꝛ wine is good foꝛ the foresaid disease, if it be boiled in oyle, and plaister it to the foresaid disease foꝛ it is better.

### **Sene.**

**S**ene is hote and drye in the seconde degre, it groweth in the othyr syde the sea, and most aboute Babilon: the beste be the floures and the branches of it. It is good foꝛ many diseases, as the fallinge euell, foꝛ the Sinacop, foꝛ the splee foꝛ the Emeraudes, & foꝛ the quartaine, siroppe made of it boiled in water

water and Suger is good foꝛ all the aforesayd. Syrope made with the ioyce of Borage is good foꝛ the foresaid. Also Dioscorides comaundeth to make Cremel of the foresaid with boilling of vineger and hony and it wil be good foꝛ the foresaid, and this herbe mai be kept, x. yere.

### **Sengrene.**

**T**his is colde and moyst in the thirde degre, & ioyce of this herbe and also the same herb is right necessarye foꝛ many diseases, stampe this herbe with grece and plaister it to the disease and maruelouslye it helpeth. foꝛ disease and darckenes of eyes, stampe this herbe and put of the ioyce in the sore eyes, foꝛ chafinge of the liuer take the ioyce of it and vineger and dippe a cloth therin, and plaister it too & greuaunce. foꝛ biting oꝛ scalding make an oyntment of the ioyce of this herbe and oyle of Rose and

ware, but lay it not to tyll after & thre first daies, but first anoint it with grece & suche other. Also for a diseale of a hote cause, this herb is good to be layde therto.

### ¶ Selondine.

¶ Thys is hote and drye in the second degree, & Galien saith that it is good for soore eyes, take the ioyce of Selondine and boile the wel together in a panne and whā it is colde anoynte the eyes therewith. Take Selōdine and wryng oute the ioyce and medle it wyth white wyne, & anoynt thy bylage therewith and it shal do away freckels of the bisage, the ioyce of Selondine and Gotes dunge medled together smal in a mortar, than if thou laye it to a Canker in a womans pay it shall flee the Canker. Also take the ioyce of Selondine, and powder of bymstone and medle them well together and it will helpe

helpe to do awaye the Worfe we. And seeth þ roote in wine, & whā the pot is taken doune lette hym holde his mouth open ouer it that the bzeath may go into hys body, and that shal fle the Canker in the mouth, it is good for hi that hath dronke venim with his own stale and that will saue hym.

### ¶ Sinapium.

¶ Sinapium is called Mustarde it is hote and drye in the medle of the thyrd degree, and not the herbe but the seede is put in medecines. fyue year he may be kepte in hys vertue. He hath vertu of lousing, of drawing, of makynge thyn, & of consuming. For the Palsye of the tunge, take and chewe the seede in your mouth and hold it vnder the tunge, and it shall doo you good. Also for the Palsye in other members seeth þ seede in wine and laye it to þ soze place, and it is beste in the

the beginning of the disease. Also  
take the pouder of it, & put it into  
your nose & yllles, and it wyl  
make you to nose, and it cleseth  
brayne, and superfluyte of flewm.  
Also seeth it in wine & fygges and  
holde it warme in your mouth til  
it be almost cold, thā take as much  
more and do so fīue or six tymes a  
day, as much an other dat and this  
is good for an olde pose of toughe  
and flumy humours in the head.  
Also for stopping of the splen and  
the lyuer, seeth the sede in water,  
with rootes of fenel than straine  
it and put therto Honye, and geue  
it to þe sicke to drink. For hardnes  
of the splen seeth the herbe of it in  
wyne & plaister it to the greuāce,  
for to rype and breake a postume.  
Stampe this herbe well with hogs  
grece and lay it to þe postume. Also  
for the Strangury take the seede  
of this and seeth it in oyle & wyne  
and

and plaister it to the greuāce and  
it will louse it. Also for the ciatica  
and for other olde sores take Mus-  
tarde sede, and the thyrde parte of  
cromes of white breade, & fygges  
hony and vineger after as þe ache  
of the soze requireth, the more of  
the figges and the honye, that is  
ther þe more sharper is þe strengthe  
of the sede, and þe more breade and  
vineger that is in it, the more wei-  
her is the sede, but I saye not that  
ye shal put this confection too all  
sores, but to greate and old sores.  
His vertu is yf he be eaten it shar-  
pet a mans wit, it clenseth the be-  
lye, it breketh the stone, it purgeth  
the brayne menskrosite, and comfor-  
teth the stomacke.

#### ¶ Southernwode.

¶ This herbe is good for the  
rough, and for biting in the belly,  
and in the brest and for the disease  
in the bones, and good for them  
that

that may not well pylle, take the  
seede of this herbe and stape it and  
drynke it with water. & it is good  
for all the aforesayde. Also for the  
diseases in the sye, stampe thys  
herbe with Berayne and drynke it  
and it helpeth wel. Also for the bi-  
ting of a Serpent and for venim,  
stape this herbe and drynke with  
wyne and it is good. Also for the  
cold feuer stampe this herbe with  
wyne and drynke it, and thou shalt  
be hole.

#### Stiche worte.

Thys is called Stycheworte,  
or Birostonge, thys is hote and  
moyst in the first degre, the vertue  
of this herbe is, it is good to heale  
woundes and sore eyes.

#### Smalage.

Take Smalage leede, Rewe  
seede, Peper and salte, and grynde  
them wel together atemper them  
with wyne and drynke it, for it is  
good

good for colde and euell humours  
in the stomack and comforteth the  
stomack, the lyuer and the longes  
it is good for woundes, for ranke  
linges, and to cease the brenning,  
and akinge, and to bringe them to  
their kinde agayn. Also it is good  
to drynke for the feuer tertian.

## ¶ Hic incipit

Littera. C.

#### Caplus barballus.

This is called Mole, it is cold  
& drye. It is good for Em-  
raudes, & it be soden in wyne  
& scrometh clene. Also it is good to  
wash the greuce therewith, it is  
good also for þe flux in the bellye.

#### ¶ Cowne cresses.

This herbe is hote and drye in  
the seconde degre, the seede wil en-  
dure



dure good fyue year. It is good to  
 staunche the flure and the mencio  
 yf thou take the seede and bruse it  
 in a mortar of brasse, and geue the  
 sicke to drink therof thre dayes, e-  
 uery daye a penye weighte at once  
 with red wine warmed, & in those  
 thre daies he shalbe staunched, or  
 els he shal dye of that euell, it is  
 good for the palsy, & for the male  
 flake, take y seede and seeth it with  
 wine and do it in apoket and bind  
 it to the side there as the greuace  
 is. Also it is good for him y maye  
 not wel pisse, take the seede & seeth  
 it in wine and oyle oliue and bind  
 it to thy share. It is good for a  
 mans fundament that goeth oute,  
 yf it be take of colde than it muste  
 be put in agayne, and strawe the  
 pouder on the fundemēt, thy ray-  
 nes with hony, and than strawe y  
 pouder aboue with the pouder  
 of Comin, or pouder of Calasine,  
 for

for all this be nywely wryt. Also  
 take the stalkes of Cowie trekes,  
 and brene them and there shal be  
 benemous beest; ne woman abbe  
 the sauoure nor smell therof, Bit  
 he shal dye or flee awaye.

 **Hic incipit**

Littera. **Curuena.**

**V**eruaine is hote & dry in the  
 seconde degree. It is good a-  
 gaynste al manner of euels of  
 benimpt: the patient drink it repe-  
 red with wine, & stape the herbe &  
 lat on euery manner of biting of be-  
 nemous beest, & it will drawe out  
 the venem and save the soze, who  
 that bleseth it, it will make hi good  
 breath, and do awaye stycke of the  
 mouth



moner and who hath the fe-  
 uer tertian, take the rootes & iii  
 crops of the same herbe; & stampe  
 them and temper them with fayre  
 cleene water and geue it to the pa-  
 cient to drinke. Also who hath  
 the feuer quartain, let hym take y  
 same drink. Also it is good for the  
 stomack, the liver and loiges. Also  
 take Mercurie, Betaine, and Sar-  
 frage, and of euerye of them lyke  
 much and stape them with wyne  
 tempered, & thys is good for them  
 that hath the stone. Also thei that  
 beare mercurie vpon them, they  
 shall haue loue of great maysters,  
 & they shal graunt him his asking,  
 if his asking be good & rightfull.

#### ¶ Viola.

¶ Violet is colde in the firste de-  
 gre, and moist in the ii. For blaste  
 in the eyes, take the rootes of vio-  
 lets, and stampe them with Mir &  
 Saffro, and a tnight lay it to the  
 sore

sore eyes. Also for a wound in the  
 head, stampe the leues of violets  
 with hony and vyneger and play-  
 ster it to the wounde and it shall  
 heale it. And for the that may not  
 slepe for sickenelle, seeth this herb  
 in water, and at euen let him soke  
 well his feete in the water to the  
 ancles, whā he goeth to bed, bind  
 of this herbe to his temples & he  
 shal slepe wel by the grace of God.  
 Take violets, Mirre & Saffron,  
 and make a plaister and lay to the  
 sore eyes that be swollē, & it shall  
 cease aking and bate the swelling.

#### ¶ Quia suauis.

¶ Thys is called the swete Ray-  
 sen, it is hote & moist, it hath ver-  
 tue of clensing, scouring or smo-  
 thinge. Kaisens eatē or boyled in  
 wine is good for the colde cough,  
 seeth the in wine and thei be good  
 to playster on the colde poffume,  
 and good for a colde stomache.

**CHAP. III. OF THE VERTUE OF THE  
TERA. M.**

**Watercresses.**

**W**atercresses be hote and drye  
in the second degree, seeth the  
in water by them self, and drinke  
it, or seeth it in fleshe, and suppe  
of the brethe and it wil cleanse wel  
the inwarde members. Also it is  
good against the strangulion, and  
the flux of the same.

**Wilde nep or wodbinde.**

**T**his herbe beareth a floure  
lyke to the Hoppe, and after the  
floure he beareth a grene herbe, &  
it hath a great roote, the vertu of  
the herbe is most in y<sup>e</sup> roote, it is  
good for sinowes that be swolne  
or cutte to make them soyle & too  
haue their own course in their pro-  
per kynd. Go to the roote of wilde  
neppe, that is lyke wodbinde, and

make

make a hole in the middes of the  
roote, than couer it well againe &  
no ayre go out, nor that no rayne  
go in no water, nor earth, nor the  
Sune come not to much to it, let  
it stande so a night and a day, then  
after that, go to it and thou shalt  
fynde therein a certayne lycoure,  
take out that lycour with a spone  
& put it into a cleane glas and doe  
so euery day as long as thou fynd-  
est ought in the hole, & this must  
be done in the moneth of April, or  
Maye, than anoint the sore ther-  
with against the fyre, then mete a  
lynnen clothe in the same lycoure  
and lappe it about the sore and it  
shal be hole in shorte space on wa-  
rantye by the grace of God. For  
the Goute a soueraign medecine.  
Take the roote of wilde neppe,  
and the roote of the wilde rocke,  
soden by it selfe and cutte them in  
thynne peces and pare away y<sup>e</sup> ot-

ter

ter

ter rynde and cutte them in quarters, than boile them in clane water two or thre houres, than stape them in a mortar as small as can be, then put thereto a quantite of soote of a chymney, and temper them with the milk of a cow that that hay is of one coloure, than take the pylle of a man that is fasting, and make a plaister therof and boyle it together, and as hote as ye maye suffer, laye to the greiuaunce a daye and a nyght, and so do nyne tymes, & it shal heale the on waratyle by the grace of God.

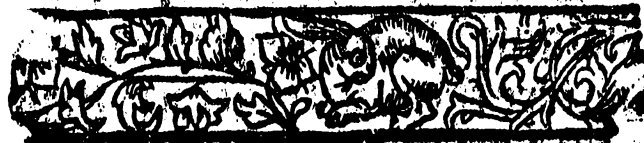
#### ¶ Worme wode.

¶ This is hote and dry in the seconde degree, it is good for Wormes in the wombe if it be staped, and the roye wronge out & myngled with swete milk, and geue to the patient to drinke, & seeth this herbe

herbe in wyne, and make a plaister to the wombe. Make powder of Worme wode, Centaury, Bettaigne, of eche lyke much by weyght, and medle all well together, and the powder will slee wormes in the wombe, bothe when it is eaten in potage and drunken. Also for the mylte that is swollen of a colde matter, seeth it in wyne and lette the sycke drinke thereof and that shal heale him, and make a playster of the substance of the herbe, and laye it all hote to thy wombe agaynst the greiuaunce. Also stampe Worme wode, and tender it with byneger, and wyth rested sower bread, ground therewith, and with the ioyce of Hyntes, and the ioyce Blataine of euery yche lyke much and tye them wel together, than make a playster, and laye it to the mouthe of the stomache, and this shal

Shall haunche, breakyng. or  
 syng. for moynes in a mannes  
 eares, be it Serpent or Crenyke,  
 take the ioyce of noyme mode  
 and put it in the eare. Also  
 for the Droople seeth it  
 in wyne, and geue  
 the syke too  
 drynke at  
 the  
 mornyng and euenyng,  
 and it shall helpe  
 hym.

¶



Here begynneth the Table of  
 thys booke.

|                  |                 |
|------------------|-----------------|
| Abrotenum.       | Atriplex domiti |
| Abfintyum.       | Auentia.        |
| Acus mystela.    | auricula muris  |
| Affodyllus.      | B.              |
| Agnus castus.    | Balsamita.      |
| Agrimonia.       | Betonica.       |
| Allium.          | Beta.           |
| Alcea.           | Borrage.        |
| Alleluia.        | Borrage siluest |
| Amariscus.       | Bugla.          |
| Ameos.           | Burneta.        |
| Anisum.          | Bursa pastoris  |
| Anetum.          | C.              |
| Anabula.         | Camomilla.      |
| Apium.           | Calamentum.     |
| Apium emo.       | Capillus bene.  |
| Apium ranarū.    | Canabaria.      |
| Arthemisia.      | Caprifolium.    |
| Aristolugia lon. | Cardiaca.       |
| Aristolugia ro.  | Camelon.        |
| Asterion.        | Carui.          |

k.b.

|                        |                          |
|------------------------|--------------------------|
| <b>Cētauria maior.</b> | <b>Ebular.</b>           |
| <b>Centauria mi.</b>   | <b>Edera.</b>            |
| <b>Celidonia.</b>      | <b>edera terrestris.</b> |
| <b>Centimodia.</b>     | <b>Enula capana.</b>     |
| <b>Cepe.</b>           | <b>Ellebozus alb.</b>    |
| <b>Cerisolum.</b>      | <b>ellebozus niger.</b>  |
| <b>Cimimum.</b>        | <b>Endivia.</b>          |
| <b>Cicuta.</b>         | <b>Eufrasia.</b>         |
| <b>Consolida ma.</b>   | <b>Eupatica.</b>         |
| <b>Consolida med.</b>  | <b>Cruca.</b>            |
| <b>Consolida mi.</b>   | <b>f.</b>                |
| <b>Columbina.</b>      | <b>fabaria maior.</b>    |
| <b>Coliandrum.</b>     | <b>febrifuga.</b>        |
| <b>Costus.</b>         | <b>feniculus.</b>        |
| <b>Crassula maior.</b> | <b>feniculus poet.</b>   |
| <b>Crassula minor.</b> | <b>fenigrecum.</b>       |
| <b>D.</b>              | <b>filer.</b>            |
| <b>Daucus asini.</b>   | <b>filipendula.</b>      |
| <b>Diptanum.</b>       | <b>flamula.</b>          |
| <b>Dens leonis.</b>    | <b>flamenula.</b>        |
| <b>Daucus criti.</b>   | <b>fragra.</b>           |
| <b>Dracantia ma.</b>   | <b>fumus terre.</b>      |
| <b>Dracantia se.</b>   | <b>G.</b>                |
| <b>E.</b>              | <b>Galanga.</b>          |

|                         |                        |
|-------------------------|------------------------|
| <b>Gentiana.</b>        | <b>Lactuca fines.</b>  |
| <b>Genestula.</b>       | <b>Lactura lepo.</b>   |
| <b>Granum solis.</b>    | <b>Lapatum ru.</b>     |
| <b>Grani so. agri.</b>  | <b>Lappa.</b>          |
| <b>H.</b>               | <b>Lauendula.</b>      |
| <b>Hastula regia.</b>   | <b>Lauriola.</b>       |
| <b>Herba cruciata.</b>  | <b>Ligustrum.</b>      |
| <b>Herba christofo-</b> | <b>Lilium.</b>         |
| <b>ri masculi.</b>      | <b>Lingua cerni.</b>   |
| <b>Herba christofo-</b> | <b>Lingua bonis.</b>   |
| <b>ri femini.</b>       | <b>Lingua serpen-</b>  |
| <b>Herba roberti.</b>   | <b>tis maior.</b>      |
| <b>Herba Iohannis.</b>  | <b>Lingua serpen-</b>  |
| <b>I.</b>               | <b>tis minor.</b>      |
| <b>Iarus.</b>           | <b>Lingua canis.</b>   |
| <b>Iasia nigra.</b>     | <b>Lingua hircina.</b> |
| <b>Ipia maior.</b>      | <b>Linum.</b>          |
| <b>Ireos.</b>           | <b>Leuisticum.</b>     |
| <b>Iris.</b>            | <b>Liquiricia.</b>     |
| <b>Iscopus.</b>         | <b>Lollum.</b>         |
| <b>Iusquianus.</b>      | <b>Lupinus.</b>        |
| <b>L.</b>               | <b>M.</b>              |
| <b>Labrum bene.</b>     | <b>Maces.</b>          |
| <b>Lactuta.</b>         | <b>Maiozaua.</b>       |

Malus.  
Masticæ.  
Menta royall.  
Menta romana.  
Menta rubea.  
Mercurialis.  
Millefolium.  
Millefoliū ma.  
Mozella.  
Motherwort or  
mugworste.

N.

Napus.  
Nux muscata.  
Nenufar.  
Nigella.  
Nux communis

O.

Olibanum.  
Oliandrum.  
Olium oliuari  
Ozdenum.

P.

Papauer

Parataria.  
Pastinaca.  
Peper.  
Petrocilinum.  
Pencedanum.  
Peonia.  
Pinpernel.  
Plantago.  
Polipodium  
Porrum.  
Piretrum  
Pruna.  
Pulegium.

Q.

Quinque foliū.

R.

Read nettel.  
Ribworste.  
Rosa rubea.  
Rosemary.  
Ruta.

S.

Salvia.  
Saturegia.

Sauaine.  
Saxifragia.  
Scabiosa.  
Scamont.  
Sene.  
Sengrene.  
Selondyne.  
Sinapium.  
Sothernewode  
Stycheworste.  
Smalage.

T.

Caplus barba.  
Cowne cresses.

U.

Ueruenæ.  
Viola.

Vua suavis.

W.

Water cresses.  
Wylde neppe.  
Worme wode.

Z.

Imprynted at London, in  
Paules churchyearde, at the  
signe of the Swanne, by  
Ihon kynge.

(:\*) \* \* (:\*)